



The Gonzales Way

How we raise happy, healthy, successful children

<http://www.gonzalesca.gov>



City of **Gonzales** Council Meeting



Monday,

March 17, 2025 @ 6:00PM

at the Gonzales Council Chambers located @
117 4th street Gonzales CA 93926

Talk Openly, Share Opinions & Ask Questions
Free & Open to the public



scan QR to view agenda packet



Join via Zoom:
<https://uso6web.zoom.us/j/87020263943>

View our Agenda Packet:
<https://gonzalesca.lqm2.com/Citizens/Default.aspx>

City of **Gonzales** Council Meeting



Lunes,

Marzo 17, 2025 @ 6:00PM

en la Cámara del Consejo Gonzales ubicada en 117
4th street

Hable abiertamente, comparta opiniones y haga
preguntas
Libre, abierto al público

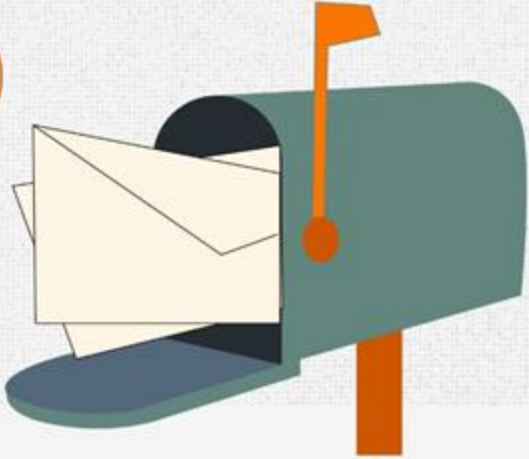


escanea QR para agenda

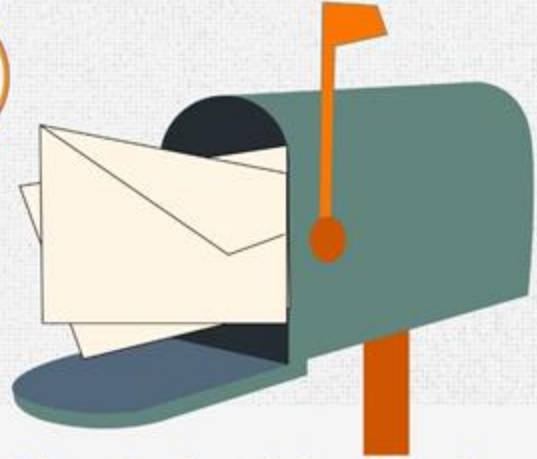


Únase a través de Zoom:
<https://uso6web.zoom.us/j/87020263943>

Vea nuestro paquete de agenda:
<https://gonzalesca.lqm2.com/Citizens/Default.aspx>



Stay in the loop on all things in the City of Gonzales.
Sign up today for updates/news occurring throughout
the city with just a simple click.



Manténgase informado sobre todo lo relacionado con la ciudad de
Gonzales. Regístrese hoy para recibir actualizaciones/noticias
que ocurren en toda la ciudad con solo un simple clic.



**INTERNET IS FOR
EVERYONE!**

To apply
scan QR
code



**INTERNET ES PARA
TODOS!**

Escanee el
código QR
para aplicar





Gonzales Community Church Clothing Closet

OPEN

TUESDAY - WEDNESDAY 2PM TO 4PM
THURSDAY 1-3PM

LOCATED AT THE MISSION ANNEX ON
4TH AND DAY STREET



Armario de Ropa de la Iglesia Comunitaria de Gonzales

ABIERTO

MARTES - MIÉRCOLES 2PM A 4PM
Jueves 1-3PM

UBICADA EN EL ANEXO DE LA MISIÓN
EN LA CALLE 4 Y DÍA



Weekly

**FOOD
DISTRIBUTIONS**



EVERY 3rd THURSDAY OF THE MONTH

At Saint Theodore's Church
9:30 AM TO 10:30AM



**EVERY 3rd & 4th FRIDAY
OF THE MONTH**

at the Mission Annex on 4th & Day Street

9:00 AM



Semanalmente

**DISTRIBUCIONES
DE ALIMENTOS**



CADA TERCER JUEVES DEL MES

En la iglesia de San Teodoro
9:30 AM TO 10:30AM



**CADA TERCERA y CUATRO VIERNES
DEL MES**

en el anexo Misson en 4th & Day Street

9:00 AM



CUSTOMER SERVICE LOCATIONS

-  **SALINAS TRANSIT CENTER**
110 Salinas St., Salinas
-  **MARINA TRANSIT EXCHANGE**
280 Reservation Rd., Marina
-  **BUS STOP SHOP**
201 Pearl St., Monterey



GROUP DISCOUNT PROGRAM

The Monterey-Salinas Transit Group Discount Program provides 31 Day MST GoPasses at reduced costs. Based on the number of GoPasses your organization orders, participants can enjoy substantially reduced costs – making riding the bus an outstanding benefit. For more information, or to enroll, please, visit www.mst.org/fares/passes/group-discounts/ or call 1-888-MST-BUS1 (1-888-678-2871).

SAVE UP TO

-  5-20 GoPasses – 25% Discount
Monthly GoPass – \$52.00
-  21+ GoPasses – 35% Discount
Monthly GoPass – \$45.00

 **SHOP NOW**

www.mst.org/fares/passes/group-discounts

A Place Of Learning For Unlicensed Childcare Providers And Children

Do You Take Care of Kids?

**PARTICIPATE IN FREE PLAYGROUPS!
IN: GONZALES, GREENFIELD, KING CITY**

Our program supports unlicensed Child Care Providers with playgroups, educational workshops, and resources for high quality child care. Join us and meet other providers within your community



Play



Learn



Have Fun

PLEASE CONTACT: DENISE JAIME

831.525.5057



Made with PosterMyWard.com



Un Lugar De Aprendizaje Para Cuidadoras Sin Liscensia y Niños!

¿Cuida niños en su casa?

**¡PARTICIPE EN GRUPOS DE JUEGO GRATIS!
EN LAS COMMUNIDADES DE
GONZALES, GREENFIEFIELD, KING CITY**

El programa apoya a proveedoras sin licencia con grupos de juego, talleres de aprendizaje y recursos para cuidado de alta calidad. Acompañenos y conozca a otras proveedoras de su comunidad.



Juega



Aprende



Diviértete

COMUNIQUESE CON: DENISE JAIME

831.525.5057



Made with PosterMyWard.com





SSRC

Silver Star Resource Center (SSRC) is a multi-agency collaborative of prevention and early intervention services designed to promote positive youth developments by reducing risk factors that lead to gang involvement and delinquency of youth in Monterey County ages 6-21. The collaborative provides a "ONE-STOP" location of caring connection for youth and family services. SSRC employs an innovative, multi-agency approach that combines probation supervision, educational, vocational and job training, counseling and mediation services, anger management, truancy abatement, mentoring outreach to the community, substance abuse programs, a family support service to at-risk or gang involved youth.

Our Services

Partners For Peace
Building strong families

PARTNERS FOR PEACE (P4P) FAMILY EDUCATION
754-3888

Providing a continuum of family education services:

- **Strengthening Family Program (SFP)** for caregivers and their youth ages 7-17.
- **Parent Project, Sr. (PPS)** for parents/caregivers only of youth with difficult or out-of-control behaviors 11-17.
- **Parent Project, Jr. - Loving Solutions (LS)** prevention program for parents and caregivers only of youth 8-10.
- **Family Adolescents** for caregivers and their youth 9-16. Program gives families new techniques for identifying stressors and risk factors and reduces the effects of acculturation stress.

STEP UP GROUP MENTORING AND THE FAMILY ACCEPTANCE PROJECT
754-3888

- **Step Up Mentoring** serves youth in Salinas and Seaside and provides group mentoring for youth with one or more risk factors. Youth Step-Up an out of the circumstances that limit their options. Youth learn problem life skills for success and earn reward field trips. 7th and 8th graders only.
- **Family Acceptance Project** provides support groups for families of LGBTQ youth.

CHILDREN'S BEHAVIORAL HEALTH
796-1378

MONTEREY COUNTY BEHAVIORAL HEALTH
Astonishing. Safe. Renewed Together.

Provides counseling for youth, ages 7-18, with mental health or substance abuse needs.

community human services
hope. help. here.

COMMUNITY HUMAN SERVICES DAISY/YATV
747-0717

- **DAISY, Drug and Alcohol Intervention Services for Youth** and family support for youth abusing substances ages 13-18.
- **YATV, Youth Alternatives to Violence** incorporate diverse education anger management resources and techniques for youth 13-18.

MONTEREY COUNTY WORKS
796-1352

WORKFORCE DEVELOPMENT BOARD

- Provides youth with employment services, job skills training, and encouragement to stay in school or help to find jobs.

RESTORATIVE JUSTICE PARTNERS (RJP)
796-6896

- Provides a **Victim Impact Program** for youth to gain a deeper understanding of the impact crime has on victims, their families and the community. Enhances empathy skills and sensitivity to victims' perspectives. Additional case services/support on various campuses.



Families and youth can be referred by community agencies or self-referred for services.

Additional Collaborative Partners

- **Harmony At Home** provides counseling that promotes alternatives to violence and healthy ways to communicate in relationships. 625-5260
- **California Youth Outreach** provides respite programs for determined youth and young adults. (959) 445-2660
- **Sun Street Centers** provides life skills training and parenting classes for at-risk youth and their families. 753-3150



Silver Star Resource Center

Silver Star Resource Center

MONTEREY COUNTY PROBATION DEPARTMENT
755-8917

Acts as the lead agency and provides referral processing family assessments, case management and truancy supervision in collaboration with the Monterey County DA's office.

How SSRC Works?

Scan QR code to complete a referral form in English or Spanish



Assigned partner contacts family to enroll them in services

SSRC Multidisciplinary Team (MOT) Reviews Requests

More Information

www.co.monterey.ca.us
Type in Probation Silver Star Resource Center

Silver Star Resource Center

103 E. Laurel Drive, Bldg. H, Salinas, CA 93905

Services for families and at-risk (at-promise) youth.

**YOU CAN MAKE A DIFFERENCE
IN A CHILD'S LIFE!**



Court Appointed Special Advocates (CASAs) are community volunteers trained to advocate for the best interest of abused and neglected children in the foster care system.

*CASA volunteers must be 21 or older

For more information, visit us at
www.casaofmonterey.org
or email at
info@casaofmongerey.org

SIGN UP FOR AN INFO MEETING:



**Info Meetings Are Held
Mondays and Thursdays**

Call the office to schedule a 1-on-1
Info Meeting
(831) 222-3965



**Be the Change
Be the Voice of Hope
Be a **CASA****

Court Appointed Special Advocates (CASAs) are community volunteers trained to advocate for the best interest of abused and neglected children in the foster care system.



Sign up for an
**INFO
MEETING**



**EMPOWER A
CHILD IN
FOSTER CARE.**

**CASA NEEDS
YOUR SUPPORT!**

For more information please visit
www.casaofmonterey.org or
Call us 831-222-3965



Remember that plastic and trash don't go in your green organics cart. Food scraps & yard waste become compost for our fields, and lettuce won't grow from plastic. To learn more about food scraps and yard waste recycling, visit <https://svswa.org/residential/green-curb-side-cart/>



Waste Disposal & Recy
(888) 678-6798



Recuerde que el plástico y la basura no van en su bote verde. Las sobras de comida y los desperdicios del jardín se convierten en abono para nuestros campos, y la lechuga no crecerá en el plástico. Para obtener más información sobre el reciclaje de sobras de comida y desperdicios de jardín, visite <https://svswa.org/residential/green-curb-side-cart/>



Waste Disposal & Recy
(888) 678-6798



FREE & OPEN TO PUBLIC

NARCAN

SAVE A LIFE

Available @ Gonzales Fire Department

PREVENT AN OPIOID OVERDOSE

Given as a nasal spray, can reverse the effects of an opioid overdose.

FREE nalcen kits



Address: 325 Center St, Gonzales, CA 93926

Contact #831-675-4204



Abierto al Publico

NARCAN

SALVA UNA VIDA

Disponible @ Gonzales Fire Department

Prevenir una sobredosis de opiaceos

Administrado en forma de aerosol nasal puede revertir los efectos de una sobredosis de opiaceos

Kits de Narcan Gratis



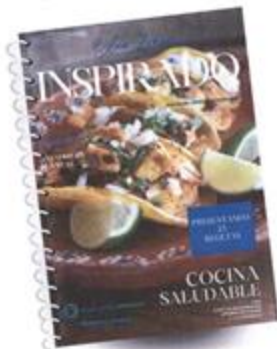
Domicilio: 325 Center St, Gonzales, CA 93926

Numero de Contacto: 831-675-4204

Blue Zones Project Monterey County presenta...

LIBRO DE COCINA INSPIRADO EN BLUE ZONES

EDICION DEL CONDADO DE MONTEREY



Para ver el libro digital,
escanea el código QR o visita:
bit.ly/BZPMCLibroDeCocina



Descubre los sabores vibrantes del Condado de Monterey. Creado con amor, saborea los secretos de la longevidad y el bienestar. Disfruta un estilo de vida más saludable y feliz.

- ✓ Libro de cocina digital gratuito
- ✓ Ingredientes a base de plantas
- ✓ 25 recetas fáciles de seguir
- ✓ Recetas locales de chefs de restaurantes aprobados por BZP, miembros de la comunidad y el equipo de BZP.

APRENDE MÁS SOBRE BZP:
montereycounty.bluezonesproject.com

@bzm Montereyco



LIBRO DE COCINA INSPIRADO EN BZP

Descubre los vibrantes sabores del Condado de Monterey. Creado con amor, saborea los secretos de la longevidad y el bienestar. ¡Disfruta un estilo de vida más saludable y feliz! ¡DISPONIBLE AHORA!

- ✓ Libro de cocina digital
- ✓ 25 recetas fáciles de seguir
- ✓ Recetas locales de chefs de restaurantes aprobados por BZP y miembros de la comunidad.
- ✓ Ingredientes a base de plantas

¡GRATIS!

Para ver el libro digital, escanea el código QR o visita: bit.ly/BZPMCLibroDeCocina



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¡GRATIS!

Para ver el libro digital, escanea el código QR o visita: bit.ly/BZPMCLibroDeCocina





Loaves, Fishes & Computers

Fortaleciendo la comunidad a través de la tecnología

LFC se dedica a la inclusión digital en los condados de Monterey, San Benito y Santa Cruz proporcionando recursos gratuitos y de bajo costo que apoyan el acceso a nuestra creciente sociedad digital.

830 Park Row
Salinas CA, 93901

Abierto martes a sábado
10:00 am - 4:00 pm

831-393-9260

Nuestros Servicios



Computadoras Renovadas
Computadoras y accesorios renovados. Las computadoras de escritorio empiezan en \$50



Reparación y asistencia técnica
Obtenga ayuda con preguntas y problemas técnicos o deje su computadora para su reparación con nuestros técnicos.



Alfabetización Digital
Clases gratuitas de alfabetización digital e información sobre una variedad de habilidades y aplicaciones tecnológicas. ¡Contáctanos para más información!



Apoyo para personas mayores
Servicios tecnológicos gratuitos para adultos de 60 años. En asociación con la Agencia del Área del Condado de Monterey sobre el Envejecimiento. (No incluye reparaciones)

A quién servimos

Cualquier persona puede acceder a nuestros servicios. Se proporcionan recursos gratuitos y de bajo costo para las siguientes personas:

- Bajos ingresos (Pautas de HUD)
- Personas mayores de 60
- Veteranos
- Desempleados
- Beneficiarios de Medi-Cal/Medicare
- Beneficiarios de SNAP
- Personas discapacitadas
- Estudiantes que reciben almuerzo gratis / reducido
- Beneficiarios de CARES/Lifeline

[Visitenos para averiguar si califica]

www.LFCtech.org

Tax ID: 27-0187805



Loaves, Fishes & Computers

Strengthening Community Through Technology

LFC is dedicated to digital inclusion by serving the Monterey, San Benito & Santa Cruz counties by providing free and low-cost resources that support access to our ever increasing digital society

830 Park Row
Salinas CA, 93901

Open Tuesday - Saturday
10:00 am - 4:00 pm

831-393-9260

Our Services



Refurbished Computers
Refurbished computers & accessories for sale. Desktops start at \$50



Repair & Tech Support
Get help with basic tech questions and issues or leave your computer for repair to our expert technicians



Digital Literacy
Free digital literacy classes and information on a variety of tech skills and applications. Contact us for more information!



Support for Seniors
Free tech services for adults 60+ years old. In partnership with the Monterey County Area Agency on Aging. (Repairs not included)

Who we serve

Anyone can access our services. Low-cost and free resources are provided for the following individuals:

- Low-income (HUD Guidelines)
- Seniors 60+
- Veterans
- Unemployed
- Medi-Cal/Medicare Recipients
- SNAP Recipients
- Disabled
- Students receiving free/reduced lunch
- CARES/Lifeline Beneficiaries

Visit us to find out if you qualify!

www.LFCtech.org

Tax ID: 27-0187805



LA PRINCESA MARKET

614 Williams Road, Salinas, CA
516 East Alisal Street, Salinas, CA
401 El Camino Real, Greenfield, CA
620 Broadway Street, King City, CA

UTILICE
su tarjeta de
CalFresh/EBT card

1

USE
your CalFresh/EBT
card

COMPRE
frutas y verduras
cultivados en California

2

BUY
California grown
fruits & vegetables

GANE
un 50% de descuento
en su compra de productos
cultivados en California

3

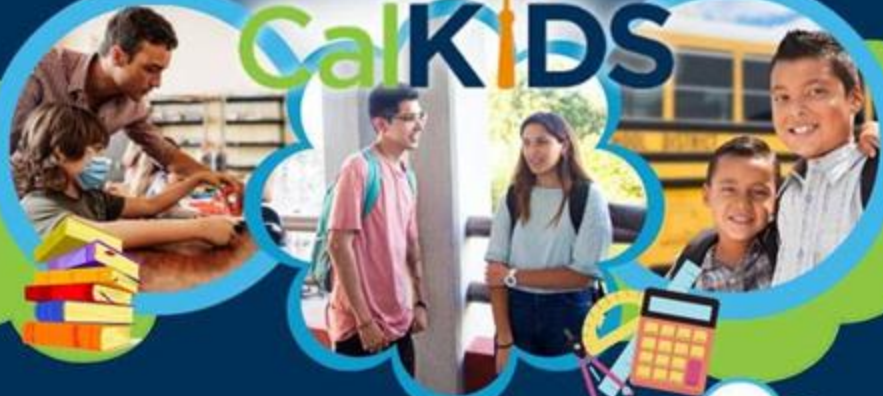
EARN
a 50% discount
on your California grown
produce purchase

HASTA \$15
POR DIA
UP TO \$15 PER DAY





CalkIDS



**OUR KIDS HAVE A FUTURE WORTH
SAVING FOR. CLAIM YOUR CHILD'S
SAVINGS ACCOUNT TODAY!**

**Up to \$1,500
per child**

FREE funded college savings accounts
for kids in Monterey County!

Over 64,000 eligible children in Monterey County



<https://calkids.org>



CalkIDS

**NUESTROS HIJOS TIENEN UN FUTURO
QUE VALE LA PENA AHORRAR.
¡RECLAMA LA CUENTA DE AHORROS DE
TU HIJO HOY MISMO!**



**Hasta \$1,500
por niño**

¡Cuentas de ahorro universitario financiadas GRATIS
para niños en el Condado de Monterey!

EN ESPAÑOL



<https://calkids.org>



VISTA LUCIA COMMUNITY

Vista Lucia is a planned community being proposed in Gonzales, Ca. on the north-east side of town, off Fanoë Rd.

The Community includes 768 acres with 3,498 residential units of all sizes and affordability levels. It will take years to reach full build out with the first phase of the project comprising 400 homes.

The developer and city are hoping that construction on the project will start in Spring of 2026.



The Vista Lucia Community will include various types of housing, including Apartments, Townhomes, and Single-Family Units. It will also include New Schools, Large Parks and Open Space, a Fire Station, New Parkways and Trails and New Commercial Areas.

For more information contact Gonzales Community Development Director Taven Kinison Brown at tkinisonbrown@ci.gonzales.ca.us



COMUNIDAD DE VISTA LUCIA

Vista Lucia es una comunidad planeada que se está proponiendo en Gonzales, Ca. en el lado noreste de la ciudad, fuera de Fanoë Rd.

La Comunidad incluye 768 acres con 3.498 viviendas de todos los tamaños y niveles de precio. El proyecto tardará varios años en completarse, la primera fase incluye 400 viviendas.

El desarrollador y la ciudad esperan que la construcción del proyecto comience en la primavera de 2026.



La Comunidad de Vista Lucia incluirá varios tipos de viviendas, como Apartamentos, Casas Adosadas y Viviendas Unifamiliares. También incluirá Nuevas Escuelas, Grandes Parques y Espacios Abiertos, una Estación de Bomberos, Nuevos Senderos y Caminos a Parques y Nuevas Zonas Comerciales.

Para más información, contacte a el Director de Desarrollo Comunitario de Gonzales, Taven Kinison Brown, en tkinisonbrown@ci.gonzales.ca.us



community
human services
hope. help. here.



OUR MISSION

Community Human Services is a nonprofit agency dedicated to providing high quality mental health, substance abuse and homeless services to Monterey County residents to help them reach their full potential.

ADMINISTRATION

2111 Garden Rd., Ste. A160
Monterey, CA 93940
(831) 658-2811
www.chservices.org

JOINT POWERS MEMBERS

City of Carmel
City of Del Rey Oaks
City of Marina
City of Monterey
City of Pacific Grove
City of Salinas
City of San Jose
City of Seaside
Carmel Unified School District
Monterey County Office of Education
Monterey Peninsula Unified School Dist.
Monterey Peninsula College
Nis. Monterey County Unified School Dist.
Pacific Grove Unified School District
Salinas Union High School District
Santa Rita Union School District

facebook.com/community

@CHS_Monterey

communityhumanervicesmonterey

communityhumanervices

DIRECTORY OF PROGRAMS AND SERVICES

ABOUT CHS

Community Human Services (CHS) offers free and low-cost services to youth, adults and families experiencing difficulties with mental and emotional health, drugs and alcohol, children's behavior and parenting, domestic violence and homelessness.

MENTAL HEALTH SERVICES

Family Service Centers in Salinas & Seaside – (831) 757-7915; (831) 394-4622

- Outpatient mental health counseling on a variety of issues, from depression and anxiety to relationship, family life, and more
- Parenting education classes
- Domestic violence & anger management group counseling
- Supervised visitation and neutral exchanges for non-custodial parents and children

SUBSTANCE ABUSE SERVICES

Genesis House in Seaside – (831) 899-2436

- Residential drug treatment for adults
- Special program for pregnant and parenting women and their children up to age 5
- Medication-assisted treatment options

Outpatient Treatment Centers in Salinas & Monterey – (831) 237-7222; (831) 383-7800

- Outpatient drug treatment for adults
- Medication-assisted treatment options
- Assessments for all levels of care

Off Main Clinic in Salinas – (831) 424-4828

- Medication-assisted treatment and counseling support for opioid dependent adults
- Medication options include methadone, buprenorphine, disulfiram, and naltrexone

Elm House & Sonoma House in Seaside – (831) 899-2436

- Transitional sober housing for single men and women in recovery

Drug & Alcohol Intervention Services for Youth (DAISY) in Salinas – (831) 424-4828 x609

- Substance abuse intervention program for youth ages 12-18
- Parent support group

Substance Use Prevention Program (SUPP) – (831) 424-4828 x609

- School-based substance use prevention/intervention program for youth

HOMELESS SERVICES

Safe Place in Monterey and Salinas – (831) 373-4421; (831) 800-2688

- Youth Navigation and drop-in center for runaway and homeless youth up to age 24
- Overnight emergency shelter for homeless youth ages 18-24 (Monterey only)

Safe Passage in Monterey – (831) 717-4126

- Transitional supportive housing program for homeless youth ages 18-24

Monterey Peninsula and Salinas Valley Street Outreach Programs – (831) 373-4421; 753-8553

- Street outreach, survival aid, crisis counseling and case management for homeless youth up to age 24 throughout Monterey County

Casa de Noche Buena in Seaside – (831) 867-8200

- Emergency shelter and case management for single women and families with children

Shuman HeartHouse – (831) 200-1440

- Emergency shelter and case management for single women and families with children

SHARE Center – (831) 382-6582

- Emergency shelter and case management for women, men, and families

community
human services
hope. help. here.



NUESTRA MISIÓN

Community Human Services es una agencia sin fines de lucro dedicada a brindar servicios de salud mental, abuso de sustancias y personas sin hogar de alta calidad a los residentes del condado de Monterey para ayudarles a alcanzar su máximo potencial.

ADMINISTRACIÓN

2111 Garden Rd., Ste. A160
Monterey, CA 93940
(831) 658-2811
www.chservices.org

JOINT POWERS MEMBERS

City of Carmel
City of Del Rey Oaks
City of Marina
City of Monterey
City of Pacific Grove
City of Salinas
City of San Jose
City of Seaside
Carmel Unified School District
Monterey County Office of Education
Monterey Peninsula Unified School Dist.
Monterey Peninsula College
Nis. Monterey County Unified School Dist.
Pacific Grove Unified School District
Salinas Union High School District
Santa Rita Union School District

facebook.com/community

@CHS_Monterey

communityhumanervicesmonterey

communityhumanervices

DIRECTORIO DE PROGRAMAS Y SERVICIOS

ACERCA DE CHS

Community Human Services (CHS) ofrece servicios gratuitos y de bajo costo a jóvenes y familias que experimentan dificultades con la salud mental y emocional, las drogas y el alcohol, el comportamiento de los niños, la crianza de los hijos, la violencia doméstica y la falta de vivienda.

SERVICIOS DE SALUD MENTAL

Centro Para Servicios de Familia en Salinas y Seaside – (831) 757-7915; (831) 394-4622

- Orientación de salud mental en una variedad de temas, desde la depresión, la ansiedad, relaciones sociales, vida doméstica y más
- Talleres educativos para la crianza de los niños
- Programa de Consejería de violencia doméstica y consejería en grupo sobre cómo controlar el enojo
- Visitas supervisada y Programa de Intercambio para padres sin custodia y sus niños

SERVICIOS DE ABUSO DE SUSTANCIAS

Casa Génesis en Seaside – (831) 899-2436

- Tratamiento residencial para adultos en la recuperación del abuso de las drogas
- Programa especial de tratamiento para madres de familia y mujeres embarazadas
- Opciones de tratamiento asistido por medicamentos

Elm House y Sonoma House en Seaside – (831) 899-2436

- Vivienda sobria de transición para hombres y mujeres solteras en recuperación

Outpatient Treatment Centers en Salinas y Monterey – (831) 237-7222; (831) 383-7800

- Tratamiento ambulatorio para adultos en la recuperación del abuso de las drogas
- Opciones de tratamiento asistido por medicamentos
- Evaluaciones para todos los niveles de atención

Clinica Off Main en Salinas – (831) 424-4828

- Tratamiento Medicamento Asistido, consejería para adultos dependientes de opioides
- Las opciones de medicamentos incluyen metadona, buprenorfina, disulfiram, y naltrexona

Intervenciones para Jóvenes contra las Drogas y Alcohol (DAISY) en Salinas – (831) 424-4828

- Programa de intervención de abuso de sustancias para jóvenes de 12 a 18 años
- Grupos de apoyo para padres de familia

Programa de Prevención del Uso de Sustancias (SUPP) – (831) 424-4828 x609

- Programa de intervención/prevención del uso de sustancias basado en la escuela para jóvenes

SERVICIOS PARA PERSONAS SIN HOGAR

Safe Place en Monterey y Salinas – (831) 373-4421; (831) 800-2688

- Centro de refugio y navegación para jóvenes viviendo en la calle y sin hogar hasta los 24 años
- Refugio de emergencia durante la noche para jóvenes sin hogar de 18 a 24 años (solo en Monterey)

Safe Passage en Monterey – (831) 717-4126

- Programa de vivienda de apoyo de transición para jóvenes sin hogar de 18 a 24 años

Programas de Alcance en las Calles de la Península de Monterey y el Valle de Salinas – (831) 373-4421; (831) 753-8553

- Alcance en las calles, ayuda para la supervivencia, asesoramiento en caso de crisis y administración de casos para jóvenes sin hogar de hasta 24 años en todo el condado de Monterey

Casa de Noche Buena en Seaside – (831) 867-8200

- Refugio de emergencia y manejo de casos para mujeres solteras y familias con niños

Shuman HeartHouse – (831) 200-1440

- Refugio de emergencia y manejo de casos para mujeres solteras y familias con niños

SHARE Center – (831) 382-6582

- Refugio de emergencia y manejo de casos para mujeres, hombres, y familias

OUR MISSION

The Epicenter exists to empower at-risk and systems involved youth ages 16-24 to flourish by connecting them to community resources that provide opportunities for equality and hope in order to improve youth outcomes in Monterey County.

OUR FOUNDERS



OUR HISTORY

The Epicenter was founded on September 4, 2014 with the support of the VOICES Center in Napa, CA. Eight young people worked together to identify the core needs of youth in Monterey County. Since then we have expanded to provide an array of services to reach the diverse needs of community.

PROGRAMS HOURS & LOCATION

THE EPICENTER

737 S. Main St.
Salinas, CA 93901

Spring / Summer Hours
Monday - Thursday
12:00 p.m. - 6:00 p.m.


Fall / Winter Hours
Monday - Thursday
11:00 a.m. - 5:00 p.m.

CONTACT US

(831)988-7291

INFO@EPICENTERMONTEREY.ORG
WWW.EPICENTERMONTEREY.ORG

 @THEEPICENTER831

 EPICENTER MONTEREY

 @THEEPICENTER831

DONATE



WEBSITE



**MONTEREY
COUNTY'S FIRST
YOUTH-LED
COMMUNITY
RESOURCE CENTER
THAT SUPPORTS
YOUNG PEOPLE AS
THEY TRANSITION
INTO ADULTHOOD.**



FREE ART & COOKING CLASSES!

ART CLASSES

- 2.13.25
- 3.13.25
- 4.10.25
- 5.8.25
- 6.12.25

Location:

Gonzales Adult School

Address: 650 Elko St, Gonzales, CA.

COOKING CLASSES

- 2.14.25
- 3.14.25
- 4.11.25
- 5.9.25
- 6.13.25

Location:

Taylor Farms Family Health & Wellness Center

Address: 850 5th St, Gonzales, CA.

For questions please call 831-675-4206



CLASES GRATIS DE ARTE Y COCINA

CLASES DE ARTE

- 2.13.25
- 3.13.25
- 4.10.25
- 5.8.25
- 6.12.25

Ubicacion:

Gonzales Adult School

Address: 650 Elko St, Gonzales, CA.

CLASES DE COCINAR

- 2.14.25
- 3.14.25
- 4.11.25
- 5.9.25
- 6.13.25

Ubicacion:

Taylor Farms Family Health & Wellness Center

Address: 850 5th St, Gonzales, CA.

Para preguntas favor de llamar a 831-675-4206



Free Yoga Classes

Class Led by:
Vivian Leyva
Certified Yoga Instructor

Join us for **FREE** community Yoga classes!

Registration is highly recommended - walk-ins are also welcome. For more information, please contact the Health Promotion Department at HealthPromotion@SalinasValleyHealth.com or 831-759-1890.



Scan the QR Code
for more information
and to register

SalinasValleyHealth.com

Saturdays, 9:00-10:00am
December 14 & 21
January 11 & 25
February 8 & 22
March 8 & 22

Taylor Farms Family Health
& Wellness Center
Community Room
850 5th Street
Gonzales, CA 93926



TAYLOR FARMS FAMILY
HEALTH & WELLNESS CENTER



Clases de Yoga Gratis

Clase dirigida por:
Vivian Leyva
Instructora Certificada de Yoga

¡Acompáñenos en nuestras clases comunitarias GRATUITAS de Yoga!

Recomendamos que se registre - personas sin cita también son bienvenidas. Para más información, envíe un correo electrónico a nuestro Health Promotion Department HealthPromotion@SalinasValleyHealth.com o llámé al 831-759-1890.



Escanea el código QR
para más información
y para registrarte

SalinasValleyHealth.com

Sábados, 9:00-10:00am
14 y 21 de diciembre
11 y 25 de enero
8 y 22 de febrero
8 y 22 de marzo

Taylor Farms Family Health
& Wellness Center
Community Room
850 5th Street
Gonzales, CA 93926



TAYLOR FARMS FAMILY
HEALTH & WELLNESS CENTER



Free Zumba Classes



Class Led by:
Paola Delgado
Certified Zumba
Instructor

Join us for **FREE** community Zumba classes!

Registration is highly recommended - walk-ins are also welcome. For more information, please contact the Health Promotion Department at HealthPromotion@SalinasValleyHealth.com or 831-759-1890.



Scan the QR Code
for more information
and to register

SalinasValleyHealth.com

Mondays, 6:00-7:00pm
January 20 & 27
February 10 & 24
March 10 & 24

**Taylor Farms Family Health
& Wellness Center**
Community Room
850 5th Street
Gonzales, CA 93926



TAYLOR FARMS FAMILY
HEALTH & WELLNESS CENTER



VOLUNTEERS SOUGHT FOR MST'S MEASURE Q OVERSIGHT COMMITTEE

On November 4, 2014, the voters of Monterey County approved the first-ever countywide sales tax measure for public transit. In July 2015, the Monterey-Salinas Transit Local Transit Funding for Senior Citizens, Veterans and People with Disabilities sales tax, otherwise known as Measure Q, began to raise approximately \$8 million per year to be used solely for services and equipment that support transportation programs for veterans, senior citizens, and persons with disabilities. An oversight committee was created in April 2015 to review and report on the revenue and expenditure of funds from the tax.

Monterey-Salinas Transit (MST) is seeking enthusiastic volunteers to apply as a member of the oversight committee to represent the following:

- The County of Monterey, to include a representative from an unincorporated area of Monterey County.
- The Seaside- Marina-Monterey urbanized area to include a representative from among the cities of Carmel-by-the-Sea, Monterey, Pacific Grove, Seaside, Del Rey Oaks, Sand City, and Marina.
- The non-urbanized areas to include a representative from among the cities of Gonzales, Greenfield, Soledad, and King City.

The representative will be appointed by the MST Board of Directors and serve up to a three-year term. Interested candidates can learn more and obtain an application by visiting www.mst.org/about-mst/measure-q/.

For more information, visit www.mst.org/about-mst/measure-q/oversight-committee/ or contact Lisa Rheinheimer, Deputy CEO at lrheinheimer@mst.org.

THE ONLINE PAYMENT PORTAL IS NOW OPEN



MANAGE ACCOUNT AND GO PAPERLESS

- Scan QR Code
- Click on "Sign in or Sign up"
- **ONCE YOU ARE REGISTERED**
 - Choose the way you pay: one-time payment or autopay (set day)
 - Input card information
 - Receive payment confirmation
- **GO PAPERLESS**
 - Go to "Contact Preferences" tab
 - Click on "Email"
 - Enter Email and confirm it
 - Check on any reminders you want
 - Click on "Update" at the bottom of the page

OR

MAKE A QUICK PAYMENT

- Scan QR code
- Click on "Quick Pay"
- Enter your account number
- Verify your Address
- Enter the amount
- Click on Continue and make your payment

OR

MAKE A PAYMENT OVER THE PHONE

- call 833-511-8076 (Toll free, 24/7)
- will need account # and street number
- (Discover, Mastercard and Visa only)



EL PORTAL DE PAGOS EN LÍNEA YA ESTÁ ABIERTO



ADMINISTRA CUENTA Y FACTURAS ELECTRÓNICAS

- Escanea el código QR
- Haga clic en "Iniciar sesión o Registrarse"
- **DESPUES DE REGISTRARSE**
 - Elige la forma de pago: pago único o pago automático (elija el día de pago)
 - Ingrese Información de la tarjeta
 - Recibira una confirmación
- **Configurar Factura Electrónica**
 - Vaya a "Preferencias"
 - Haga clic en "correo electrónico"
 - Ingrese el correo electrónico y confírmelo
 - Aplica los recordatorios a su gusto
 - Haga clic en "Actualizar"

OR

Haga un pago rápido

- Escanea el código QR
- Haga clic en "Pago rápido"
- Ingrese tu numer de cuenta
- Verifica tu dirrección
- Ingrese la cantidad
- haga clic en "Continuar" y ingrese la informacion de su tarjeta

OR

Use la opción de pagar por teléfono

- Llama al 833-511-8076 (24 horas al día, 7 días a la semana)
- Necesitará el número de cuenta y el número de calle.
- (Aceptamos Discover, Mastercard y Visa)





GONZALES ADULT SCHOOL

-Spring 2025-

JANUARY 21ST TO MAY 29TH



Gonzales Adult School Office, 650 Elko Street, Gonzales, CA
Office hours: Mondays-Fridays, 8:00PM-4:30PM, Except Tuesdays 8:00AM-7:30PM
Office: (831) 675-1081 or (831) 290-0105 Website: <https://ae.gonzalesad.net>

ENGLISH AS A SECOND LANGUAGE – MULTI-LEVEL

Classes are designed for adults who wish to improve their English language skills through instruction in reading, writing, listening, and speaking. If student attendance permits, classes will be split into beginning and intermediate/advanced levels.

ESL Inter	Mondays -Thursdays	8:30AM-10:30AM	Gonzales	FREE
ESL Adv	Mondays -Thursdays	10:30AM-12:30PM	Gonzales	FREE
ESL-Low/Beg	Tuesdays & Wednesdays	5:30PM-8:00PM	Gonzales	FREE
ESL-High Beg	Mondays & Wednesdays	5:30PM-8:00PM	Gonzales	FREE
*ESL-Low Beg	Wednesdays	5:30PM-8:00PM	Greenfield	FREE
ESL-High Beg	Tuesday & Thursdays	6:00PM-8:30PM	Greenfield	FREE

ESL-CITIZENSHIP

This class is designed for students who would like to prepare for the USCIS Naturalization Interview & Test.

Mondays & Thursdays	5:30PM-8:00PM	Hyflex: Gonzales & Greenfield	FREE
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HIGH SCHOOL DIPLOMA & HIGH SCHOOL EQUIVALENCY (HSE) TEST PREPARATION

(HSET/GED)

Students may take an individualized program combining traditional instruction, self-directed studies, online classes and/or independent study to get their high school diploma or prepare for the GED/HSET exam.

Mondays & Wednesdays	1:00PM-3:00PM	Gonzales	FREE
Tuesdays & Thursdays	5:30PM-8:00PM	Gonzales	FREE
Tuesdays & Thursdays	5:30PM-8:00PM	Greenfield/Hyflex	FREE
High School Diploma (Independent Study)	By Appointment	Gonzales & Greenfield	FREE
HSET TESTING (FEE)	Please call 831-200-4505 for more information.	Gonzales	FREE

COMPUTER LITERACY

The beginning class is designed for students who have had little or no experience using a computer. Students will have the opportunity to take the NorthStar Computer Literacy Certification and a typing certification.

Fridays	10:30AM-12:30PM	Gonzales	FREE
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LATINO FAMILY LITERACY PROJECT

My Family Stories: A series of educational and artistic workshops for parents

Fridays	8:30AM-10:30AM	Parent Resource Center, Room C
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INDUSTRY CERTIFICATE TESTING & TRAINING

Are you looking for a new job or career? Gonzales Adult School now offers various low-cost, short-term training or testing options for adults to boost their skills and add to their resume. Call us today (831) 675-1081 for more information.

- Paraprofessional Test
- Food Safety
- Pilates/toning
- LFC Computer Literacy (4wks)
- HSET Testing Center
- Forklift Certification (24 hrs)
- Home Health Aide Certification
- Clerical: Typing Test
- Job Search

Please note: Schedule is subject to change. If you are interested in a particular class not listed on this flyer, please contact our office. Thank you for your interest and support!



ESCUELA PARA ADULTOS DE GONZALES

Primavera 2025

21 De Enero – 29 de Mayo



Oficina de Gonzales Adult School, 650 Elko Street, Gonzales, CA
Horario de oficina: lunes a viernes, de 8:00 p.m. a 4:30 p.m., excepto los martes 8:00 a.m. a 7:30 p.m.
Oficina: (831) 675-1081 o (831) 290-0105 Sitio <https://ae.gonzalesad.net>

INGLÉS COMO SEGUNDO IDIOMA – MÚLTIPLE NIVELES

Las clases de inglés están diseñadas para las personas que quieren mejorar su desarrollo en el idioma a través de la instrucción en lectura, escritura, y escuchar. Las clases se dividirán por nivel de principiante y intermedio/avanzado si la asistencia de los alumnos lo permite.

ESL Principiante	lunes - jueves	8:30AM-10:30AM	Gonzales	Gratis
ESL Avanzado	lunes - jueves	10:30AM-12:30PM	Gonzales	Gratis
ESL Nivel Principiante	martes y miércoles	5:30PM-8:00PM	Gonzales	Gratis
ESL Nivel Inter/Avanzado	lunes y miércoles	5:30PM-8:00PM	Gonzales	Gratis
*ESL-Principiante	miércoles	5:30PM-8:00PM	Greenfield	Gratis
ESL-Principiante avanzado	martes & jueves	6:00PM-8:30PM	Greenfield	FREE

ESL-CIUDADANÍA

Esta clase está diseñada para los estudiantes que quieren prepararse para la entrevista y examen de Naturalización USCIS.

lunes y jueves	5:30PM-8:00PM	En Greenfield y Gonzales	*También se ofrece en línea	Gratis
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PREPARACIÓN PARA EL EXAMEN EQUIVALENTE (HSE) A LA PREPARATORIA (HSET/GED)

Los estudiantes pueden tomar un programa individualizado que combina instrucción tradicional, estudios independientes, clases en línea y/o estudio independiente para obtener su diploma de escuela secundaria o prepararse para el examen GED/HSET.

lunes y miércoles	1:00PM-3:00PM	Gonzales	Gratis
martes y jueves	5:30PM-8:00PM	Gonzales	Gratis
martes y jueves	5:30PM-8:00PM	Greenfield/Virtual	Gratis
High School Diploma (Estudios Independientes)	Por Cita	Gonzales & Greenfield	Gratis
Examen de HSET	Llame al 831-200-4505 para más información.	Gonzales	(COSTO)

CLASES DE COMPUTACIÓN BÁSICA

La clase de principiantes está designada para personas con poca o ninguna experiencia en el uso de las computadoras. Los estudiantes tendrán la oportunidad de obtener certificación en NorthStar Computer Literacy y certificado de mecanografía.

viernes	10:30AM-12:30PM	Gonzales	Gratis
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LATINO FAMILY LITERACY PROJECT

Mis historias de familia: una serie de talleres educativos y artísticos para padres

viernes	8:30AM-10:30AM	Gonzales	Gratis
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PRUEBA DE CERTIFICACIÓN Y ENTRENAMIENTO

¿Está buscando un nuevo empleo o carrera? La Escuela de Gonzales para Adultos ahora está ofreciendo varios entrenamientos a corto plazo de bajo costo u opciones de exámenes para que los adultos aumenten sus habilidades y agregan a su currículo.

- Examen de Asistente de Maestra (nivel avanzado de inglés)
- Seguridad alimentaria
- Fibromialgia
- LFC Clase de Computación Básica (4 semanas)
- Centro de Exámenes HSET
- Certificado de Mecanografía
- Home Health Aide Certification
- Certificado de Montacargas (Forklift) 24 horas
- Búsqueda de trabajo

Por Favor anote: los horarios y fechas están a sujeto de cambio, si está interesado en alguna clase en particular y no está en este boletín, favor de comunicarse a la oficina. ¡Gracias por su interés y apoyo!



FAMILIA ADELANTE

IRIFAS EN CADA
SESIÓN!

PROGRAMA DE 10 SEMANAS PARA
PADRES/CUIDADORES Y JÓVENES DE 10 A 14 AÑOS

Te invitamos a ser parte de Familia Adelante, un programa diseñado para ayudar a las familias a desarrollar habilidades y herramientas que fortalezcan la resiliencia, la comunicación y el éxito en la cultura estadounidense.



CADA MARTES
25 DE MARZO, 2025



HARTNELL COLLEGE
SALON: SEC-114
SOLEDAD, CA



5:50 PM - 7:30 PM

TEMAS

Aculturación

Como adaptarse y adoptar las costumbres, valores y tradiciones de otra cultura al interactuar con ella.

Estrés

Cómo afrontar el estrés y encontrar la serenidad

Comunicación

Cómo escuchar las necesidades de tu hijo

Para más información



(831) 498-8535



www.reallygreatsite.com



gsalgado@p4pmc.org

Escanear para registrarse
1 registro por persona





Sun Street Centers' Prevention Department

Dedicated to building healthy and safe communities, the Prevention Department provides a variety of services to youth, adults and families, in order to build awareness and promote action toward resolving community health problems relating to drug and alcohol abuse in Monterey County.

Interested in scheduling a presentation or training?

Contact us today:

South County: María Camacho, Manager
(831) 401-5252 | mcamacho@sunstreet.org

Salinas: Gina Marin, Program Manager
(831) 753-5150 | gmarin@sunstreet.org

Península: Katia Gutiérrez, Program Manager
(831) 401-5505 | kgutierrez@sunstreet.org

Prevention Services:

Vaping and Cannabis Presentation

Elementary/5th Grade Students
Informs students about the effects of vaping tobacco and marijuana products.

Gateway Drug Presentation

Youth and Parents
Highlights the risks associated with underage use of alcohol, tobacco/e-cigarettes, marijuana, and prescription medication.

Drugged Driving Presentation

High School Students
Informs high school students about the dangers of both: underage use and driving under the influence of cannabis.

Substance Abuse and Bullying Presentation

Youth and Adults
Information about bullying prevention and its correlation with substance use.

Bovin's Life Skills Training

Youth and Parents
Interactive evidence-based 8-10 week program for students and parents designed to help promote a positive health style and the personal development of youth, parents, and their children.

Cannabis Decoded

Parents
Equips parents with the tools necessary to start the conversation about cannabis use by gaining knowledge regarding the dangers of underage use and legalities.

Safe Teens Empowerment Project (STEPS)

High School Students
STEPS aims to reduce alcohol-related traffic injuries and deaths by using peer-to-peer approach. Community services hours and job opportunities are available.

P.A.R.T.S. Coalition

A county-wide coalition focused on preventing alcohol related trauma and substance use among youth and adults. Meetings are open to community groups and individuals.

Darlene Acosta Youth Center

King City, CA
The Youth Center provides a computer room, a teen clothes closet, a food pantry, and a student lounge equipped for meetings, group trainings and activities.



Departamento de Prevención Sun Street Centers

Dedicada a construir comunidades saludables y seguras, el Departamento de Prevención brinda una variedad de servicios a jóvenes, adultos y familias, con el fin de crear conciencia y promover acciones para resolver los problemas de salud de la comunidad relacionados con el abuso de drogas y alcohol en el condado de Monterey.

¿Le interesa programar una presentación o capacitación?

Contáctenos hoy:

Sur del Condado: María Camacho, Gerente
(831) 401-5252 | mcamacho@sunstreet.org

Salinas: Gina Marin, Gerente del Programa
(831) 753-5150 | gmarin@sunstreet.org

Península: Katia Gutiérrez, Gerente del Programa
(831) 401-5505 | kgutierrez@sunstreet.org

Servicios de Prevención:

Presentación de Vapeo y Cannabis

Estudiantes de Primaria/5to Grado
Informa a estudiantes sobre los efectos de los productos de vapeo de marihuana y tabaco.

Presentación de Drogas de Iniciación

Jóvenes y Padres
Destaca los riesgos asociados con el consumo de alcohol, tabaco/cigarrillos electrónicos, marihuana y medicamentos recetados por parte de menores.

Presentación de Conducir Bajo la Influencia de Drogas

Estudiantes de Secundaria
Informa a estudiantes de secundaria sobre los peligros del uso de menores y conducir bajo la influencia del cannabis.

Presentación de Abuso de Sustancias y Acoso

Jóvenes y Adultos
Información sobre la prevención del bullying y su correlación con el consumo de sustancias.

Entrenamiento Destrezas de La Vida de Bovin

Jóvenes y Padres
Programa interactivo de 8-10 semanas basado en evidencia para estudiantes y padres diseñado para ayudar a promover un estilo de salud positivo y el desarrollo personal de los jóvenes, los padres y sus hijos.

Cannabis Decodificado

Padres
Equipa a los padres con las herramientas necesarias para iniciar la conversación sobre el consumo de cannabis adquiriendo conocimientos sobre los peligros del consumo y la legalidad por parte de menores.

Programa de STEPS

Estudiantes de Secundaria
STEPS tiene como objetivo reducir las lesiones y muertes de tráfico relacionadas con el alcohol. Oportunidades de horas de servicio comunitario y trabajos están disponibles.

Coalición PARTS

Una coalición de todo el condado enfocada en prevenir el trauma relacionado con el alcohol y el uso de sustancias entre jóvenes y adultos. Las reuniones están abiertas a grupos comunitarios e individuos.

Centro Darlene Acosta para Jóvenes

King City, CA
El centro de jóvenes ofrece una sala de computadoras, un armario de ropa para adolescentes, una despensa de alimentos y un salón para estudiantes equipado para reuniones, capacitaciones grupales y actividades.



ENHANCED CARE MANAGEMENT

WHAT IS ECM?

A Medi-Cal benefit that addresses clinical and non-clinical needs through highly coordinated care management.



Increase Health Promotion



Engage Family Members

ECM SERVES YOUTH WHO ARE:

At risk of/or experiencing homelessness



Provide Coordination of Care

Transitioning from incarceration



Support with Transitional Care

At risk for Avoidable Hospitalization or ED Utilization



Connect to Community and Social Resources

Stepping down from intensive mental health services

Experiencing serious mental health and/or SUD needs

Involved in Child Welfare



ECM CAN SUPPORT YOUTH WITH:



Accessing medical, dental, and eye care



Connecting with mental health services



Addressing academic-related needs



Scheduling appointments



Arranging transportation to/from appointments



Finding and receiving housing resources



Identifying interests & participating in community activities



Building stronger family and community connections

TO REFER TO SENECA ECM:



(833) 773 - 6322



ECM_Info@senecacenter.org

ADMINISTRACIÓN DE LA ATENCIÓN MEJORADA (ECM, POR SUS SIGLAS EN INGLÉS)

¿QUÉ SON LOS SERVICIOS DE ECM?

Un beneficio de Medi-Cal que aborda las necesidades clínicas y no clínicas a través de la administración de la atención altamente coordinada.



Aumentar la autonomía en la salud

ECM ATIENDE A JÓVENES QUE:

Están en riesgo de o ya sufren la falta de vivienda



Buscar la participación de los miembros de la familia

Están haciendo la transición del encarcelamiento



Proporcionar coordinación de la atención

Están en riesgo de hospitalización evitable o uso de la sala de emergencias



Brindar apoyo con la atención de transición

Están haciendo la transición de servicios intensivos de salud mental



Conectar con los recursos comunitarios y sociales

Presentan necesidades graves de salud mental o trastorno por consumo de sustancias

Están involucrados con los servicios de bienestar infantil

ECM PUEDE AYUDAR A LOS JÓVENES A:



Acceder a atención médica, dental y oftalmológica



Conectarlos con servicios de salud mental



Abordar las necesidades escolares



Programar citas



Organizar el transporte hacia y desde las citas



Encontrar y recibir recursos de vivienda



Identificar intereses y participar en actividades comunitarias



Construir conexiones familiares y comunitarias más sólidas

PARA REMITIR A LOS SERVICIOS DE ECM DE SENECA:



(833) 773 - 6322



ECM_Info@senecacenter.org

¿Por qué CASA?

Los niños y jóvenes en cuidado de crianza que cuentan con CASAs tienen mejores resultados:

- Pasan un promedio de 7.5 meses menos en el sistema de cuidado de crianza.
- Experimentan menos cambios de hogar.
- Mejoran su desempeño educativo.
 - 83% de aumento en la asistencia escolar.
 - 74% de mejora en las calificaciones.
 - 70% de aumento en los créditos hacia la graduación de la preparatoria.

Como CASA, serás un defensor de un niño en el tribunal, el aula y la comunidad. Los CASAs empoderan a los jóvenes para imaginar un futuro más brillante y hacer que sus voces sean escuchadas.



Contáctenos

Teléfono
831-222-3965

Correo Electrónico
info@casaofterrey.org
Sitio Web
www.casaofterrey.org

Dirección
945 S. Main St. Suite 107
Salinas, CA 93901

NUESTRA MISIÓN

Reclutar, capacitar y apoyar a voluntarios de la comunidad que abogan por niños y jóvenes en el sistema de cuidado de crianza y en la justicia juvenil. Defender los derechos de los niños y jóvenes y buscar un hogar seguro y permanente, brindando el apoyo, el empoderamiento y los recursos necesarios para sanar y prosperar en la adultez.



COURT APPOINTED SPECIAL ADVOCATES
FOR CHILDREN

CASA OF MONTEREY COUNTY

Abogando, Apoyando y Empoderando a los Niños y Jóvenes del Condado de Monterey en el Sistema de Cuidado de Crianza y Justicia Juvenil.



COURT APPOINTED SPECIAL ADVOCATES

Establecida en 1995, CASA del Condado de Monterey es la única agencia que ofrece defensa basada en los derechos para los niños en cuidado de crianza en el Condado de Monterey. En 2023, comenzamos a servir a jóvenes en el sistema de justicia juvenil. Somos uno de los más de 950 miembros del programa nacional CASA.

Con el apoyo del personal de CASA, los voluntarios aumentan el sentido de autoestima de un niño, abordan sus necesidades educativas, abogan por un hogar permanente y brindan orientación. Los defensores deben tener al menos 21 años de edad y se les pide hacer un compromiso mínimo de 18 meses, de 12 a 18 horas al mes, para asegurar la estabilidad y consistencia para los niños y jóvenes a los que servimos.

¿Quiénes son los CASAs?

CASAs son personas comunes con corazones extraordinarios que quieren hacer la diferencia.



Nuestros Voluntarios:

- Abogan por un niño o joven en cuidado de crianza o en justicia juvenil en la escuela, en la comunidad y ante el juez de dependencia o de justicia juvenil.
- Se convierten en un adulto estable para el niño o joven.
- Introducen al niño o joven a un mundo de oportunidades y recursos.

Los voluntarios deben tener al menos 21 años de edad y se les pide hacer un compromiso mínimo de 18 meses, de 12 a 18 horas por mes, para asegurar la estabilidad y consistencia para los niños y jóvenes a los que servimos.

Únete a nosotros hoy

¿Estás listo para embarcarte en un viaje gratificante lleno de aprendizaje, conexiones significativas y la oportunidad de marcar la diferencia?

Te invitamos a unirse a nuestra misión y convertirte en un defensor de los niños y jóvenes abusados y descuidados.

Regístrate para una sesión informativa usando el código QR o llamando al

831-222-3965
¡y comienza hoy!



¡... y descubre tu superpoder!



**MARK YOUR CALENDARS AND JOIN US FOR FREE CHAIR YOGA
SPONSORED BY SALINAS VALLEY HEALTH!**



DATES:

- Sat. February 8 & 22
- Sat. March 8 & 22



TIME: 9-10 AM



LOCATION: Taylor Farm Family Health & Wellness Center



**MARK YOUR CALENDARS AND JOIN US FOR FREE CHAIR YOGA
SPONSORED BY ALLIANCE ON AGING!**



DATES:

- Wed. February 12
- Wed. March 12
- Wed. April 9
- Wed. May 14
- Wed. June 11



TIME: 9-10 AM



LOCATION: Taylor Farm Family Health & Wellness Center

County of Monterey
**Healthy Aging
Program**



**MARQUEN SUS CALENDARIOS Y ACOMPÁÑENOS PARA YOGA EN
SILLA GRATIS PATROCINADO POR SALINAS VALLEY HEALTH!**



FECHAS:

- Sabado. February 8 y 22
- Sabado. March 8 y 22



HORARIO: 9-10 AM



DIRECCION: Taylor Farm Family Health & Wellness Center



**MARQUEN SUS CALENDARIOS Y ACOMPÁÑENOS PARA YOGA EN
SILLA GRATIS PATROCINADO POR ALLIANCE ON AGING!**



FECHAS:

- Miercoles February 12
- Miercoles March 12
- Miercoles April 9
- Miercoles May 14
- Miercoles June 11



HORARIO: 9-10 AM



DIRECCION Taylor Farm Family Health & Wellness Center

County of Monterey
**Envejecimiento
Saludable**





NO PLASTIC IN THE GREEN CART!



¡NADA DE PLÁSTICO EN EL BOTE VERDE!



Congratulations Jorge Ochoa

THE MONTEREY BAY CHAPTER - AMERICAN PUBLIC WORKS
ASSOCIATION AWARDED JORGE OCHOA, A GONZALES HIGH
GRAD A SCHOLARSHIP OF \$3500
JORGE IS PURSUING A DEGREE IN CONSTRUCTION
MANAGEMENT.



FREE PRODUCE BOX DISTRIBUTION

WEDNESDAYS 10 AM
CENTRAL PARK, 207 5TH ST
GONZALES

- ▶ In partnership with California Farms Together, Savor the Local, and Blue Zones Project Monterey County, the City of Gonzales is offering **FREE**, locally grown produce to the Gonzales community.
- ▶ Need fresh produce? Come pick up a box! No questions asked.
- ▶ The program will run **WEEKLY**

For more information please contact (831) 675-4206



Savor
the
Local

FARM TO RESTAURANT • HOME • MARKET



DISTRIBUCIÓN DE CAJAS DE FRUTAS Y VERDURAS GRATIS

CADA MIÉRCOLES 10 AM
PARQUE CENTRAL, 207 5TH ST
GONZALES

- ▶ En colaboración con California Farms Together, Savor the Local, y Blue Zones Project Monterey County, la Ciudad de Gonzales está ofreciendo **CAJAS GRATIS** de productos frescos cultivados localmente, para la comunidad de Gonzales.
- ▶ Necesita frutas y verduras? ¡Venga a recoger una caja! - Sin preguntas.
- ▶ El programa se llevará a cabo **SEMANALMENTE**

Para más información, por favor comunicase al (831) 675-4206



Savor
the
Local

FARM TO RESTAURANT • HOME • MARKET



County of Monterey CAREER FAIR



Condado de Monterey FERIA DE EMPLEO



Redefine Public Service on California's Stunning Central Coast!

Come discover exciting career opportunities with the County of Monterey. Join us at our Career Fair and explore positions in these diverse departments:

- Agriculture Commissioner
- Child Support Services
- Health
- Human Resources
- Information Technology
- Library
- Military & Veterans Affairs
- Natividad
- Probation

Advance your career while making a difference in our community.

THE RIGHT CAREER, RIGHT HERE!

1:00 pm - 4:00pm
02.19.2025

HARTNELL COLLEGE - SOLEDAD EDUCATION CENTER
1505 Metz Rd, Soledad, CA 93960

Scan QR Code to Visit County of Monterey
Human Resources Website



¡Redefina el Servicio Público en la Impresionante Costa Central de California!

Descubra emocionantes oportunidades profesionales con el Condado de Monterey. Acompáñenos en nuestra Feria de Empleo y explore puestos en estos diversos departamentos:

- Comisionado de Agricultura
- Servicios de Manutención Infantil
- Salud
- Recursos Humanos
- Tecnología de la Información
- Biblioteca
- Asuntos Militares y de Veteranos
- Natividad
- Libertad Condicional

Avance su carrera mientras marca la diferencia en nuestra comunidad.

¡LA CARRERA IDEAL, EN EL LUGAR IDEAL!

1:00 pm - 4:00pm
02.19.2025

HARTNELL COLLEGE - SOLEDAD EDUCATION CENTER
1505 Metz Rd, Soledad, CA 93960

Escanee el código QR para visitar el sitio web de
Recursos Humanos del Condado de Monterey



County of Monterey
HUMAN RESOURCES DEPARTMENT
The Right Career. Right Here!



County of Monterey
HUMAN RESOURCES DEPARTMENT
The Right Career. Right Here!



GONZALES UNIFIED SCHOOL DISTRICT

Personnel Department ♦ 600 Elko St., PO Box G ♦
Gonzales, California ♦93926
Phone (831)675-0100 ♦ Fax (831) 675-1172

ANNOUNCEMENT OF CLASSIFIED VACANCIES 2024/2025

WHO MAY APPLY:

Both men and woman are encouraged to apply for any position. This organization is an Equal Opportunity Employer and does not discriminate on the basis of race, color, national origin, creed, age, gender or disability. Inquiries regarding compliance procedures may be directed to our personnel office.

This organization complies with the Americans with Disabilities Act. Persons with a disability who may need some accommodation in the hiring process should contact our personnel office.

This organization requires a successful candidate to provide it with employment eligibility and verification of a legal right to work in the United States in compliance with the Immigration Reform and Control Act. June 1997.

HOW TO APPLY:

Current employee applicants should file a letter of interest. First time employee applicants should fill out an Employment Application at <http://www.edjoin.org/gonzales> or at the District Office.

INSTRUCTIONAL AIDE ASSESSMENTS ARE HELD AT:

Gonzales Alternative Education Center, Room 1 · 650 Elko Street · Gonzales · (831) 675-1081 ext. 2649 – space is limited – register early to guarantee a seat · Testing will take place on Tuesdays at 9:00 a.m. and 5:00 p.m. Photo ID required · \$45.00 fee · 2 1/2-hour test (fee waived for Gonzales USD hires)

DEADLINE:

The Personnel Department must receive applications and/or letter of interest by 5:00 p.m. on the deadline date posted with each position opening unless otherwise noted.



SCAN ME



City of Gonzales Awarded Project of the Year Award for construction of an Emergency Disposal Pond

JOIN US IN JANUARY, FEBRUARY AND MARCH

EDUCATION CLASSES

For families, community members and people facing dementia

The Alzheimer's Association® offers a range of awareness and caregiver skill-building classes. The classes aim to help caregivers feel more prepared to handle the challenges that come with caring for someone living with dementia.

AWARENESS PRESENTATION

The purpose of this presentation is to raise awareness of Alzheimer's and dementia, inform the community of Alzheimer's Association resources, and engage people in the Association's mission.

INTRODUCTION TO ALZHEIMER'S

This presentation provides a brief overview of Alzheimer's disease, dementia and the Alzheimer's Association services. Topics include the impact of Alzheimer's, risk factors, warning signs and how others can join the fight against the disease.

HEALTHY LIVING FOR YOUR BRAIN AND BODY

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands on tools to help you incorporate these recommendations into a plan for healthy aging.

10 WARNING SIGNS OF ALZHEIMER'S

This education program will help you recognize common signs of the disease in yourself and others and next steps to take, including how to talk to your doctor.

UNDERSTANDING ALZHEIMER'S AND DEMENTIA

Learn basic information on the difference between Alzheimer's and dementia, stages, risk factors, research and FDA-approved treatments.

DEMENTIA CONVERSATIONS

If you know someone who is experiencing changes in memory, thinking and behavior, this education program provides tips and strategies for difficult — but important — conversations about changes that may be related to dementia.

MANAGING MONEY: A CAREGIVER'S GUIDE TO FINANCES

If you or someone you know is facing Alzheimer's disease, dementia or another chronic illness, it's never too early to put financial plans in place. Join us to learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning.

The Empowered Caregiver classes teach caregivers how to navigate the responsibilities of caring for someone living with dementia.

BUILDING FOUNDATIONS OF CAREGIVING

Explores the role of caregiver and changes they may experience, building a support team and managing caregiver stress.

SUPPORTING INDEPENDENCE

Focuses on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

COMMUNICATING EFFECTIVELY

Teaches how dementia affects communication, including tips for communicating well with family, friends and health care professionals.

RESPONDING TO DEMENTIA-RELATED BEHAVIORS

Details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

EXPLORING CARE AND SUPPORT SERVICES

Examines how best to prepare for future care decisions and changes, including respite care, residential care and end-of-life care.

TO REGISTER OR LEARN MORE,
PLEASE CALL 800.272.3900 OR VISIT
ONLINE AT ALZ.ORG/CRF

ALZHEIMER'S ASSOCIATION

JOIN US IN JANUARY, FEBRUARY AND MARCH

ONLINE EDUCATION PROGRAMS

Presented by the Alzheimer's Association®

ENGLISH CLASSES

Building Foundations of Caregiving
Tuesday, January 14, 2-3 p.m. | [Register](#)

Communicating Effectively
Thursday, January 16, 10-11 a.m. | [Register](#)

Understanding Alzheimer's and Dementia
Tuesday, January 28, 2-3 p.m. | [Register](#)

Supporting Independence
Tuesday, February 4, 10-11 a.m. | [Register](#)

10 Warning Signs of Alzheimer's
Tuesday, February 18, 10-11 a.m. | [Register](#)

Managing Money: A Caregiver's Guide to Finances
Wednesday, February 19, 10-11 a.m. | [Register](#)

Responding to Dementia-Related Behaviors
Thursday, February 20, 2-3 p.m. | [Register](#)

Exploring Care and Support Service
Thursday, March 6, 10-11 a.m. | [Register](#)

Healthy Living for Your Brain and Body
Tuesday, March 11 2-3 p.m. | [Register](#)

Dementia Conversations
Thursday, March 20, 10-11 a.m. | [Register](#)

SPANISH

Safety and Dementia
Thursday, January 16, 6:30-7:30 p.m. | [Register](#)

Dementia Conversations
Thursday, February 20, 6:30-7:30 p.m. | [Register](#)

Responding to Dementia-Related Behaviors
Thursday, March 20, 6:30-7:30 p.m. | [Register](#)

CHINESE

10 Warning Signs of Alzheimer's (Mandarin)
Thursday, January 9, 2-3 p.m. | [Register](#)

Dementia Conversations (Mandarin)
Tuesday, January 21, 10-11 a.m. | [Register](#)

Responding to Dementia-Related Behaviors
(Cantonese)
Friday, January 24, 10-11 a.m. | [Register](#)

Healthy Living for Your Brain and Body (Mandarin)
Thursday, February 13, 2-3 p.m. | [Register](#)

10 Warning Signs of Alzheimer's (Cantonese)
Wednesday, February 26, 10-11 a.m. | [Register](#)

Understanding Alzheimer's and Dementia
(Mandarin)
Wednesday, March 12, 2-3 p.m. | [Register](#)

Communicating Effectively (Cantonese)
Friday, March 14, 10-11 a.m. | [Register](#)

Responding to Dementia-Related Behaviors
(Mandarin)
Tuesday, March 18, 10-11 a.m. | [Register](#)

For on-demand recorded classes, please
visit alz.org/education



TO REGISTER, PLEASE CALL
800.272.3900 OR VISIT US ONLINE
AT ALZ.ORG/CRF

ALZHEIMER'S ASSOCIATION

Program descriptions on back. Visit alz.org/CRF to explore additional education programs in your area.

10 WAYS TO LOVE YOUR BRAIN



START NOW. It's never too late or too early to incorporate healthy habits.



BREAK A SWEAT

Engage in regular cardiovascular exercise that elevates heart rate and increases blood flow. Studies have found that physical activity reduces risk of cognitive decline.



HIT THE BOOKS

Formal education will help reduce risk of cognitive decline and dementia. Take a class at a local college, community center or online.



BUTT OUT

Smoking increases risk of cognitive decline. Quitting smoking can reduce risk to levels comparable to those who have not smoked.



FOLLOW YOUR HEART

Risk factors for cardiovascular disease and stroke – obesity, high blood pressure and diabetes – negatively impact your cognitive health.



STUMP YOURSELF

Challenge your mind. Build a piece of furniture. Play games of strategy, like bridge.

Growing evidence indicates that people can reduce their risk of cognitive decline by adopting key lifestyle habits. When possible, combine these habits to achieve maximum benefit for the brain and body.

HEADS UP!

Brain injury can raise risk of cognitive decline and dementia. Wear a seat belt and use a helmet when playing contact sports or riding a bike.



BUDDY UP

Staying socially engaged may support brain health. Find ways to be part of your local community or share activities with friends and family.

FUEL UP RIGHT

Eat a balanced diet that is higher in vegetables and fruit to help reduce the risk of cognitive decline.



TAKE CARE OF YOUR MENTAL HEALTH

Some studies link depression with cognitive decline, so seek treatment if you have depression, anxiety or stress.

CATCH SOME ZZZ'S

Not getting enough sleep may result in problems with memory and thinking.



Visit alz.org/10ways to learn more.

alzheimer's  association

THE BRAINS BEHIND SAVING YOURS.™



AOA
MEMORY CAFÉ
@ THE HUB



The AOA Memory Café @ The HUB is a new, welcoming space designed for individuals with memory loss and their caregivers to connect, engage, and find support.

- A warm and friendly atmosphere to meet others who understand your journey
- Engaging activities like Chair Yoga, Art, Music, and Games
- Complimentary healthy snacks and drinks
- Educational resources and expert insights on memory care

JOIN US

WHEN: FIRST & THIRD MONDAY EVERY MONTH

2:00PM—4PM

SECOND & FOURTH TUESDAY EVERY MONTH

10:00AM—12:00PM

WHERE: 236 MONTEREY STREET, SALINAS

TO LEARN MORE CALL JODY at 831-646-4931





EDUCATION WORKSHOP

KEEPING THE CARE RECEIVER ACTIVE AT HOME



TUESDAY, APRIL 22ND

11AM- 12PM

ALLIANCE ON AGING HUB
236 MONTEREY ST, SALINAS, CA 93901

Join Us!

Learn practical tips and
activities to keep your loved
one engaged, active, and
thriving at home.



CALL
831-646-5050
TO REGISTER

County of Monterey
**Healthy Aging
Program**



Del Mar Caregiver
Resource Center
A Program of Health Projects Center



EDUCATION WORKSHOP

NUTRITION



MONDAY, MAY 19TH

2:30PM-3:30PM

ALLIANCE ON AGING HUB

236 MONTEREY ST, SALINAS, CA 93901

Join Us!

Learn how proper nutrition
can support healthy aging,
boost energy, and improve
overall well-being



CALL
831-646-5050
TO REGISTER

County of Monterey

**Healthy Aging
Program**



**Del Mar Caregiver
Resource Center**
A Program of Health Projects Center

CITY OF GONZALES IN COLLABORATION WITH
GONZALES CUSTOMS AND STREET LIFE CAR CLUB
INVITES YOU TO OUR 2025 CAR SHOW

Saturday, April 5 ~ 12-4PM

RAFFLE - MUSIC - FOODS - AWARDS

Pre-registration: (Last day to pre-register 3/31/2025)

MUST ARRIVE BETWEEN 8-11AM

VEHICLES- \$35 BIKES- \$20 MOTORCYCLES - \$25

On-site registration:

MUST ARRIVE BETWEEN 10-11AM

VEHICLES- \$60 BIKES- \$45 Motorcycles- \$50

Registrations can be picked up at City Hall OR found on our website:
gonzalesca.gov

SCAN QR CODE TO
VIEW APPLICATION



LOCATION: 4TH STREET GONZALES, CA. 93926



FOR QUESTIONS E-EMAIL: JALBOR@CI.GONZALES.CA.US OR CALL: 831-675-4206



Monterey County Free Libraries

LIBRARY BY MAIL

Library materials are mailed to residents in Monterey County with a valid library card.

Postage for delivery and pick up is prepaid -
no cost to you!

Adult, young adult, and children's materials, large print books, talking books, Playaways, DVDs, and more - sent right to your mailbox!



Contact Us:

831-883-7544 or 1-800-322-6884

www.eMCFL.org

Library-by-mail@countyofmonterey.gov



When you borrow through **Library by Mail**, you have several ways to select your materials!

TO USE LIBRARY BY MAIL YOU CAN....

- Go online to www.eMCFL.org, login to your account and place your materials on hold. Select "**Library by Mail**" as your pick-up location. Materials will be sent to you by mail.
- Call **Library by Mail** staff and let them know what you would like to order and they will put your selections on hold for you.
- Ask the **Library by Mail** staff to choose items for you. Simply provide the names of authors or subjects that interest you.

Once items are received they will be mailed to you in reusable shipping bags. Return postage is pre-stamped on the mailing label. Please return all items borrowed in the same shipping bag you received them in or return the complete bag to any Monterey County Free Library.

ValleyLine



ITN Monterey County

Serving Rural South Monterey County
For Veterans, Seniors and Visually Impaired Adults

RIDE

Become a member of ITNMontereyCounty.

- Trips for Medical, Grocery or Pharmacy needs M-F 7a-7p
- Rides provided in private autos, insured and inspected
- Sponsored \$25 Annual Membership Fee
- Flat rate cost based on mileage
- More affordable and reliable than a Taxi, Uber/Lyft
- Low income rates available



"Arm through arm, door through door service."

VOLUNTEER

Become a volunteer driver for a member in need.

- Drive at your own convenience
- Most rides less than 30 minutes
- Meet interesting people while helping others
- Earn credits for yourself or a loved one, or get mileage reimbursement

DONATE

Help make it possible for services to continue and grow.

SHARE

Tell others about the wonderful work of ITNMontereyCounty!

ITNMontereyCounty
Dignified transportation for seniors

A Nonprofit Organization

Call us at (831) 233-3447

236 Monterey Street, Salinas CA 93901

info@ITNMontereyCounty.org | ITNMontereyCounty.org

ValleyLine



ITN Monterey County

Sirviendo zonas sur rurales del condado de Monterey
Para veteranos, personas mayores y adultos con discapacidad visual

VIAJE CON NOSOTROS

Sea miembro de ITNMontereyCounty.

- Transportación a citas médicas, compras o farmacia de lunes a viernes de 7am – 7pm
- Transporte por autos particulares, asegurados e inspeccionados
- Cuota anual de afiliación patrocinada de \$25 dólares
- Costo en base a la tarifa fija de millaje total
- Más seguro y económico que un taxi, Uber o Lyft
- Tarifas especiales para personas de bajos ingresos



"Asistencia de brazo a brazo y puerta a través de puerta"

VOLUNTARIO

Sea un chofer voluntario para un miembro necesitado.

- Done su tiempo a su conveniencia
- Viajes son de 30 minutos o menos
- Conozca a personas interesantes mientras ayuda a los demás
- Gane créditos para sí mismo o para un ser querido, o reciba reembolso de millaje

CONTRIBUYE

Ayude a hacer posible que nuestros servicios continúen expandiendo.

COMPARTA

¡Diga a otros de la importante obra de ITNMontereyCounty!

ITNMontereyCounty
Dignified transportation for seniors

Transportación digna para personas mayores
Organización sin fines de lucro

Llame a (831) 233-3447

236 Monterey Street, Salinas CA 93901

info@ITNMontereyCounty.org | ITNMontereyCounty.org

GONZALES
CUSTOMS

STREET
LIFE
GAR CLUB

The City of Gonzales is seeking **Food Vendors** for our 2025 Car Show

The City of Gonzales is now accepting registrations for food vendors to participate in our Car Show on Saturday, April 5, 2025

Vendors must be prepared to show proof of Health Department Permit

There will be a \$75 fee applied upon submission of application

To inquire about being a food vendor please contact:

jalbor@ci.gonzales.ca.us

or

831-675-4206

Scan QR Code for application





St. Patrick's Day Wreath Making

One of the best ways to prevent dementia is exercising the brain.

An increasing amount of scientific evidence proves art enhances brain function and well-being. Art has also been shown to lower stress and anxiety.

When: Thursday - March 13th 10:00am-12:00pm

Where: Gonzales Adult School, 650 Elko St., Gonzales

Join Aurora who will show you how to make a beautiful St. Patrick's Day wreath to hang on your door for St. Patrick's Day.



Elaboración de coronas para el día de San Patricio

Una de las mejores formas de prevenir la demencia es ejercitar el cerebro. Cada vez hay más pruebas científicas que demuestran que el arte mejora la función cerebral y el bienestar. También se ha demostrado que el arte reduce el estrés y la ansiedad.

Cuando: Jueves - 13 de marzo 2025 10:00-12:00pm

Dónde: Gonzales Adult School, 650 Elko St., Gonzales

Únete a Aurora, quien te mostrará cómo hacer una hermosa corona para el Día de San Patricio para colgar en tu puerta el Día de San Patricio.





What is happening at the HUB?

MARCH 2025

To sign up, please contact the HUB at 831-646-5050



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Partners: Aging and Disabilities Resource Center, Blind & Visually Impaired Center, Central Coast Center for Independent Living, ITN Monterey County, Loaves, Fishes & Computers, Front Porch						1 Fee Prep by Appointment ONLY 831-646-0234
2	3 Memory Cafe 2:00pm-4:00pm	4 Connecting Seniors with Technology 10:00am-11:00am Lighthouse at St. August Church 10:00am-10:00pm 10:00am-10:00pm 10:00am-10:00pm	5 Bridge 1:00pm-3:00pm 	6	7 Connecting Seniors with Technology 1:00pm-3:00pm Yoga (Regular & Chair) and Meditation 9:00am-10:00am Health Brain Training Meditation Class 9:00am-10:00am Fee Prep by Appointment ONLY 831-646-0234	8 Fee Prep by Appointment ONLY 831-646-0234
9	10 Yoga (Regular & Chair) and Meditation 9:00am-10:00am 	11 Memory Cafe 2:00pm-4:00pm Connecting Seniors with Technology 10:00am-11:00am 10:00am-10:00pm 10:00am-10:00pm	12 Bridge 1:00pm-3:00pm 	13 Blind and Visually Impaired Support Group Market Day 10:00am-12:00pm Art for Brain Health Class 2:00pm-3:00pm	14 Connecting Seniors with Technology 1:00pm-3:00pm Health Brain Training Meditation Class 9:00am-10:00am Fee Prep by Appointment ONLY 831-646-0234	15 Fee Prep by Appointment ONLY 831-646-0234
16	17 Memory Cafe 2:00pm-4:00pm 	18 Connecting Seniors with Technology 10:00am-11:00am 10:00am-10:00pm 10:00am-10:00pm	19 Bridge 1:00pm-3:00pm 	20 Braille 9:00am Art for Brain Health Class 2:00pm-3:00pm	21 Connecting Seniors with Technology 1:00pm-3:00pm Health Brain Training Meditation Class 9:00am-10:00pm Fee Prep by Appointment ONLY 831-646-0234	22 Fee Prep by Appointment ONLY 831-646-0234
23	24 Yoga (Regular & Chair) and Meditation 9:00am-10:00am	25 Memory Cafe 2:00pm-4:00pm Connecting Seniors with Technology 10:00am-11:00am 10:00am-10:00pm 10:00am-10:00pm 10:00am-10:00pm 10:00am-10:00pm	26 Bridge 1:00pm-3:00pm English 10:00am-11:00am Spanish 2:00pm-4:00pm	27 Blind and Visually Impaired Support Group Market Day 10:00am-12:00pm Art for Brain Health Class 2:00pm-3:00pm	28 Connecting Seniors with Technology 1:00pm-3:00pm Health Brain Training Meditation Class 9:00am-10:00pm Fee Prep by Appointment ONLY 831-646-0234	29 Fee Prep by Appointment ONLY 831-646-0234
30	31					



¿Qué está pasando en el HUB?

MARZO 2025

Para registrarse, comuníquese con el HUB al 831-646-5050



DOMINGO	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SABADO
Compañeros: Aging and Disabilities Resource Center, Blind & Visually Impaired Center, Central Coast Center for Independent Living, ITN Monterey County, Loaves, Fishes & Computers, Front Porch						1 Preparación de Impuestos con Cita Solicitante 831-646-0234
2	3 Cafe de la memoria 2:00pm-4:00pm	4 Conectando a las Personas Mayores con la Tecnología 10:00am-11:00pm 10:00am-10:00pm 10:00am-10:00pm	5 Bridge 1:00pm-3:00pm 	6	7 Memory Cafe 2:00pm-4:00pm Conectando a las Personas Mayores con la Tecnología 10:00am-11:00pm 10:00am-10:00pm 10:00am-10:00pm 10:00am-10:00pm	8 Preparación de Impuestos con Cita Solicitante 831-646-0234
9	10 Yoga (Regular y en silla) y Meditación 9:00am-10:00am	11 Cafe de la memoria 2:00pm-4:00pm Conectando a las Personas Mayores con la Tecnología 10:00am-11:00pm 10:00am-10:00pm 10:00am-10:00pm	12 Bridge 1:00pm-3:00pm 	13 Cita de memoria 10:00am-11:00pm Cita de Arte para la Salud Cerebral 2:30pm-3:30pm	14 Conectando a las Personas Mayores con la Tecnología 10:00am-11:00pm 10:00am-10:00pm 10:00am-10:00pm 10:00am-10:00pm	15 Preparación de Impuestos con Cita Solicitante 831-646-0234
16	17 Cafe de la memoria 2:00pm-4:00pm 	18 Conectando a las Personas Mayores con la Tecnología 10:00am-11:00pm 10:00am-10:00pm 10:00am-10:00pm	19 Bridge 1:00pm-3:00pm 	20 Braille 9:00am Cita de Arte para la Salud Cerebral 2:30pm-3:30pm	21 Conectando a las Personas Mayores con la Tecnología 10:00am-11:00pm 10:00am-10:00pm 10:00am-10:00pm 10:00am-10:00pm	22 Preparación de Impuestos con Cita Solicitante 831-646-0234
23	24 Yoga (Regular y en silla) y Meditación 9:00am-10:00am	25 Cafe de la memoria 2:00pm-4:00pm Conectando a las Personas Mayores con la Tecnología 10:00am-11:00pm 10:00am-10:00pm 10:00am-10:00pm	26 Bridge 1:00pm-3:00pm Enseñanza Bien Común de Inglés 10:00am-11:00pm 10:00am-10:00pm 10:00am-10:00pm	27 Cita de memoria 10:00am-11:00pm Blind and Visually Impaired Group de Apoyo 10:00am-10:00pm 10:00am-10:00pm 10:00am-10:00pm	28 Conectando a las Personas Mayores con la Tecnología 10:00am-11:00pm 10:00am-10:00pm 10:00am-10:00pm 10:00am-10:00pm	29 Preparación de Impuestos con Cita Solicitante 831-646-0234
30	31					

FREE TAX PREPARATION

For Monterey County Residents

WALK-IN SITES

Center for Employment Training - Salinas
24 East Alvin Dr., Salinas, CA 93906
Drop Off Service
Wednesdays 4:30pm-7pm, 2/5 - 4/9

Cesar Chavez Library
615 Williams Rd., Salinas, CA 93905
Same Day Service
Saturdays 11am-3pm, 2/8 - 4/12

Hartnell College - Main Campus
411 Central Ave., Building B, Rm 110, Salinas, CA 93906
Same Day Service
Thursdays 5:30pm-9pm, 2/6 - 4/10, Closed on 3/27

Hartnell College - Alisal Campus
1752 E. Alisal St. RM C-213, Salinas, CA 93905
Same Day Service
Saturdays 9am-1:30pm, 2/8 - 4/12, Closed on 3/29

Casa de la Cultura Center
225 Salinas Rd., Pajaro, CA 95076
Same Day Service
Tuesdays 4:30pm-6:30pm, 2/25, 3/11, 3/25 & 4/8

APPOINTMENT SITES*

Center for Employment Training - Soledad
930 Los Coches Rd., Soledad, CA 93960
Same Day Service
Saturdays 9am-12pm, 2/8 - 4/12

Marina Library
190 Seaside Cir., Marina, CA 93933
Drop Off Service
Saturdays 10am - 12:30
2/7 - 4/11
Closed 2/14

United Way Monterey County
232 Monterey St., Suite 200,
Salinas, CA 93901
Drop Off Service
Tuesdays 2pm-4pm, 2/4 - 4/9

WHAT TO BRING

- Social security card or ITIN card for taxpayer, spouse, and dependents
- W-2s or 1099s from all employers and other tax forms
- Current photo ID
- Bank account and routing numbers for direct deposit
- Health coverage information
- Last year's federal and CA state returns (if available)
- Letters from the IRS, if applicable

*To schedule an appointment, go to

MYFREETAXES.ORG

For up-to-date information, please call (831) 372-8026 or visit UWMC's VITA page at unitedwaymcca.org/freetaxprep



VITA site schedules and locations are subject to change.



OFRECIENDO PREPARACIÓN DE IMPUESTOS GRATUITO

A LOS RESIDENTES DEL CONDADO DE MONTEREY

SITIOS SIN CITAS

Center for Employment Training - Salinas
24 East Alvin Dr., Salinas, CA 93906
Servicio de entrega
Miércoles 4:30pm-7pm, 2/5 - 4/9

Cesar Chavez Library
615 Williams Rd., Salinas, CA 93905
Servicio el mismo día
Sábados 11am-3pm, 2/8 - 4/12

Hartnell College - Main Campus
411 Central Ave., edificio B, salón 110, Salinas, CA 93906
Servicio el mismo día
Jueves 5:30pm-9pm, 2/6 - 4/10, Cerrado el 3/27

Hartnell College - Alisal Campus
1752 E. Alisal St. salón C-213, Salinas, CA 93905
Servicio el mismo día
Sábados 9am-1:30pm, 2/8 - 4/12, Cerrado el 3/29

Centro Casa de la Cultura
225 Salinas Rd., Pajaro, CA 95076
Servicio el mismo día
Martes 4:30pm-6:30pm, 2/25, 3/11, 3/25 & 4/8

SITIOS CON CITA*

United Way Monterey County
232 Monterey St., Suite 200
Salinas, CA 93901
Servicio de entrega
Martes 2pm-4pm, 2/4 - 4/9

Marina Library
190 Seaside Cir. Marina, CA 93933
Servicio de entrega
Viernes 2pm-4pm, 2/7 - 4/11,
Cerrado el 2/14

Center for Employment Training - Soledad
930 Los Coches Rd. Soledad, CA 93960
Servicio el mismo día
Sábados 9am-12pm, 2/8 - 4/12

TRAER

- Tarjeta de Seguro Social o ITIN para contribuyente, cónyuge, y dependientes
- W-2 o 1099 de todos los empleadores y otros formularios de impuestos
- Identificación con foto vigente
- Cuenta bancaria y numero de ruta para depósito directo
- Información de cobertura de salud
- Declaración de Impuestos Federal y Estatal (Solo si esta disponible)
- Cartas del IRS (si es aplicable)

*Para hacer una cita vaya al sitio web MYFREETAXES.ORG

*Para mas información actualizada, llame al (831) 372-8026 o visite nuestra pagina de VITA unitedwaymcca.org/sp-freetaxprep



Horarios y ubicaciones estan sujetos a cambios.





South County Arts Empowerment
SCHOLARSHIP

HARTNELL STUDENTS SHOWCASE YOUR TALENTS!

Visual | Performing | Digital | Ceramic | Mixed Media | Literary

All selected recipients receive

up to \$500

APPLY BY MARCH 10, 2025

a big thank you to our sponsors for your support



Scan the Application QR Code or



APPLY NOW

<https://qrco.de/bevgSn>



117 N. 2ND ST.
KING CITY

SHOWCASE
MAY 9 2025



1PM - 6PM

This event is wheelchair accessible. Individuals requiring sign-language interpreters, real-time captioners, or other accommodations should contact Araceli Alvarez at jalvarezgomez@hartnell.edu ASAP.

GONZALES ADULT SCHOOL



GROWING TALENT • SUPPORTING BUSINESS

**ARE YOU 18+ AND LOOKING FOR A JOB?
MONTEREY COUNTY WORKS CAN HELP!**



Mondays



08:00 AM - 4:00 PM



**Gonzales Adult School
650 Elko St.
Gonzales, Ca 93926**



(831) 675-1081




<https://ae.gonzalesusd.net/>



<https://montereycountyworks.com/>



HARTNELL COLLEGE
**SOUTH COUNTY
 EDUCATION CENTER TOURS**





SOLEDAD
 EDUCATION CENTER
 1505 METZ ROAD
 SOLEDAD, CA 93960

KING CITY
 EDUCATION CENTER
 117 NORTH 2ND ST.
 KING CITY, CA 93930

TOURS OFFERED ALL YEAR ROUND

bit.ly/hcsctours

K-12 SCHOOLS ENCOURAGED TO SIGN UP!

QUESTIONS OR NEED A SPECIFIC DATE?

WEBSITE	PHONE	PHONE NUMBER
BIT.LY/HCSCTOURS	SOUTHCOUNTY@HARTNELL.EDU	831.755.6233

**MEET WITH A
 COUNSELOR**
 at a South County Education Center



bit.ly/hcscc

Scan the QR code to set up an appointment with a counselor. We have counseling in person, online, both at King City and Soledad Education Centers.



SERVICES

- Develop Education Plans
- Graduation Petitions
- Course Equivalencies/ Transcript
- Evaluate Financial Aid / SAP Appeals
- Academic Dismissal/ Reinstatement
- Petitions Questions/ Concerns



HARTNELL COLLEGE

**WE ARE
 HIRING!**
PART-TIME INSTRUCTORS



ABOUT POSITIONS

- Teach at Hartnell's Soledad, King City Education Center &/or Rising Scholars Program
- Flexible Schedules: Daytime, Evenings, and Saturdays

REQUIREMENTS
 Master's Degree in Discipline OR the Equivalent

APPLY NOW

Contact
 Ana Gonzalez
agonzalez@hartnell.edu
 831.755-6779
 1505 Metz Road
 Soledad, CA 93960



South County Arts Empowerment
SCHOLARSHIP
HARTNELL STUDENTS SHOWCASE YOUR TALENTS!
 Visual | Performing | Digital | Ceramic | Mixed Media | Literary

All selected recipients receive
up to \$500

APPLY BY MARCH 10, 2025

With the Application will include:



APPLY NOW

<https://forms.office.com/r/9m9j9t>

**SHOWCASE
 MAY 9 2025**

117 N. 2ND ST.
 KING CITY

1PM - 6PM



Spectrum▶

You're invited!



INTERNET AWARENESS DAY

Thursday, May 8, 2025

5:30 PM


King City Recreational Center

401 Division St, King City, CA 93930

FREE EVENT!

- Computer Distribution for the first 40 Families
- Tech Support
- Resources
- Refreshments for the first 40 people
- And More!

Sign Up to get a computer by calling 831-393-9260 or register on our website!

www.lfctech.org 



Scan QR Code
below to Register!



Special thanks to King City Recreational to use their facility for this event



Spectrum▶

Están invitados!



DÍA DE LA CONCIENCIACIÓN SOBRE INTERNET

Jueves 8 de Mayo del 2025

5:30 PM


Centro Recreativo de King City

401 Division St, King City, CA 93930

¡EVENTO GRATUITO!

- Distribución de computadoras para las 40 primeras familias
- Apoyo técnico
- Recursos
- Refrescos para las 40 primeras personas
- Y mucho más

Inscríbete para conseguir una computadora llamando al 831-393-9260 o regístrate en nuestra página web.

www.lfctech.org 



Escanee el código
QR para registrarse



Un agradecimiento especial a King City Recreational por utilizar sus instalaciones para este evento.



Loaves, Fishes & Computers

Strengthening Community Through Technology

LFC is dedicated to digital inclusion by serving the Monterey, San Benito & Santa Cruz counties providing free and low-cost resources that support access to our ever increasing digital society.

830 Park Row
Salinas CA, 93901

Open Tuesday - Saturday
10:00 am - 4:00 pm

831-393-9260

Our Services



Refurbished Computers

Refurbished computers & accessories for sale. Desktops start at \$50



Repair & Tech Support

Get help with basic tech questions and issues or leave your computer for repair to our expert technicians



Digital Literacy

Free digital literacy classes and information on a variety of tech skills and applications. Contact us for more information!



Support for Seniors

Free tech services for adults 60+ years old. In partnership with the Monterey County Area Agency on Aging. (Repairs not included)

Who we serve

Anyone can access our services. Low-cost and free resources are provided for the following individuals:

- Low-income (HUD Guidelines)
- Seniors 60+
- Veterans
- Unemployed
- Medi-Cal/Medicare Recipients
- SNAP Recipients
- Disabled
- Students receiving free/reduced lunch
- CARES/Lifeline Beneficiaries

Visit us to find out if you qualify!

www.lfc.org

Tax ID: 27-0187805



CPR

FEE: \$65

SATURDAY

MARCH 29, 2025

8:30AM-2:30PM

CPR & FIRST AID TRAINING

Get Certified in First AID,
CPR & AED in Just One Day!



Scan here to Register



For more information contact:
Gonzales Adult School
Room 1
650 Elko st
Gonzales, Ca 93926
831-675-1081 or 831-290-0105



CONNECTING SENIORS WITH TECHNOLOGY

FREE Computer and Technology Skills Classes for Seniors

Clases GRATUITAS de Computación y Tecnología para Adultos Mayores

Learn about:

- Smartphones/Tablets
- Chromebooks/Computers
- Email
- Online Safety Tips
- Online Shopping
- Web search for Locals Resources



CONECTANDO ADULTOS MAYORES CON TECNOLOGÍA



**SENIORS AGES 60 & OVER -
ADULTOS MAYORES,
EIDADES 60 Y MÁS**

Aprenda como usar:

- Celulares inteligentes/Tabletas
- Chromebooks/Computadoras
- Correo Electronico
- Consejos de Seguridad en Línea
- Compras en Línea
- Búsqueda de Recursos Locales en la Web

Call us for more information - Llámenos para más información

 **(831) 393-9260 Ext. # 302**

THE PROGRAM IS **FREE**. DONATIONS ARE APPRECIATED BUT NOT REQUIRED.
EL PROGRAMA ES **GRATIS**. LAS DONACIONES SON APRECIADAS PERO NO REQUERIDAS.



GONZALES ADULT SCHOOL

ALFABETIZACIÓN DIGITAL PARA PRINCIPIANTES

Los invitamos a participar en la clase de alfabetización digital. Complete las 6 clases y reciba una computadora Chromebook GRATIS!



COMIENZA EL 1 DE ABRIL!

DEL 1 DE ABRIL AL 17 DE ABRIL

MARTES Y JUEVES

6:00-8:00PM

EN GONZALES!

650 ELKO ST. SALON 1

DATES: 4/1, 4/3, 4/8, 4/10, 4/15, 4/17



lfc 

LLAME A LA OFICINA PARA REGISTRARSE
(831)675-1081



The City of Gonzales and partners invite you to a FREE

COMMUNITY GARDENING DAY!

No experience required!
Join us for a day of fun, ALL ages welcome!



Saturday, March 29, 2025
10-12PM



Gonzales Community Garden
Corner of Elko & Fairview Dr. (Next to the Community Pool)

For more information contact: Amanda Good (541)-778-4243
amanda@savethewhales.org



La ciudad de Gonzales y sus socios lo invitan a una reunión GRATIS

COMUNIDAD DÍA DE JARDINERÍA!

¡No se requiere experiencia!
¡Únete a nosotros para un día de diversión!
¡Todas las edades son bienvenidas!



Sabado, Marzo 29, 2025
10-12PM



Jardín Comunitario Gonzales
Esquina de Elko y Fairview Dr. (Junto a la Piscina Comunitaria)

Para obtener más información, comuníquese con: Amanda Good
(541)-778-4243 amanda@savethewhales.org