



The Gonzales Way

How we raise happy, healthy, successful children

<http://www.gonzalesca.gov>



City of **Gonzales** Council Meeting



Monday,

February 3, 2025 @ 6:00PM

at the Gonzales Council Chambers located @
117 4th street Gonzales CA 93926

Talk Openly, Share Opinions & Ask Questions
Free & Open to the public



scan QR to view agenda packet



Join via Zoom:
<https://us06web.zoom.us/j/87020263943>

View our Agenda Packet:
<https://gonzalesca.iqm2.com/Citizens/Default.aspx>

City of **Gonzales** Council Meeting



Lunes,

Febrero 3, 2025 @ 6:00PM

en la Cámara del Consejo Gonzales ubicada en 117
4th street

Hable abiertamente, comparta opiniones y haga
preguntas
Libre, abierto al público



escanea QR para agenda



Únase a través de Zoom:
<https://us06web.zoom.us/j/87020263943>

Vea nuestro paquete de agenda:
<https://gonzalesca.iqm2.com/Citizens/Default.aspx>



**ATTENTION!
CITY OF GONZALES
RESIDENTS**



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NEWS AND EVENTS**

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**ATENCION!
CUIDAD DE GONZALES**



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MANTENGASE ENFORMADO CON NUESTRAS
ULTIMAS NOTICIAS Y EVENTOS**

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EVERYONE!**

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scan QR
code



**INTERNET ES PARA
TODOS!**

Escanee el
código QR
para aplicar





Gonzales Community Church Clothing Closet

OPEN

TUESDAY - WEDNESDAY 2PM TO 4PM
THURSDAY 1-3PM

LOCATED AT THE MISSION ANNEX ON
4TH AND DAY STREET



Armario de Ropa de la Iglesia Comunitaria de Gonzales

ABIERTO

MARTES - MIÉRCOLES 2PM A 4PM
Jueves 1-3PM

UBICADA EN EL ANEXO DE LA MISIÓN
EN LA CALLE 4 Y DÍA



Weekly

**FOOD
DISTRIBUTIONS**



Semanalmente

**DISTRIBUCIONES
DE ALIMENTOS**



EVERY 3rd THURSDAY OF THE MONTH

At Saint Theodore's Church
9:30 AM TO 10:30AM



**EVERY 3rd & 4th FRIDAY
OF THE MONTH**

at the Mission Annex on 4th & Day Street

9:00 AM



CADA TERCER JUEVES DEL MES

En la iglesia de San Teodoro
9:30 AM TO 10:30AM



**CADA TERCERA y CUATRO VIERNES
DEL MES**

en el anexo Misson en 4th & Day Street

9:00 AM



CUSTOMER SERVICE LOCATIONS



SALINAS TRANSIT CENTER
110 Salinas St., Salinas



MARINA TRANSIT EXCHANGE
280 Reservation Rd., Marina



BUS STOP SHOP
201 Pearl St., Monterey



GROUP DISCOUNT PROGRAM

The Monterey-Salinas Transit Group Discount Program provides 31 Day MST GoPasses at reduced costs. Based on the number of GoPasses your organization orders, participants can enjoy substantially reduced costs – making riding the bus an outstanding benefit. For more information, or to enroll, please, visit www.mst.org/fares/passes/group-discounts/ or call 1-888-MST-BUS1 (1-888-678-2871).

SAVE UP TO

- 5-20 GoPasses – 25% Discount
Monthly GoPass – \$52.00
- 21+ GoPasses – 35% Discount
Monthly GoPass – \$45.00



SHOP NOW

www.mst.org/fares/passes/group-discounts

A Place Of Learning For Unlicensed Childcare Providers And Children

Do You Take Care of Kids?

**PARTICIPATE IN FREE PLAYGROUPS!
IN: GONZALES, GREENFIELD, KING CITY**

Our program supports unlicensed Child Care Providers with playgroups, educational workshops, and resources for high quality child care. Join us and meet other providers within your community



Play



Learn



Have Fun

PLEASE CONTACT: DENISE JAIME

831.525.5057



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Un Lugar De Aprendizaje Para Cuidadoras Sin Liscensia y Niños!

¿Cuida niños en su casa?

**¡PARTICIPE EN GRUPOS DE JUEGO GRATIS!
EN LAS COMMUNIDADES DE
GONZALES, GREENFIEFIELD, KING CITY**

El programa apoya a proveedoras sin licencia con grupos de juego, talleres de aprendizaje y recursos para cuidado de alta calidad. Acompañenos y conozca a otras proveedoras de su comunidad.



Juega



Aprende



Diviértete

COMUNIQUESE CON: DENISE JAIME

831.525.5057



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SSRC

Silver Star Resource Center (SSRC) is a multi-agency collaborative of prevention and early intervention services designed to promote positive youth developments by reducing risk factors that lead to gang involvement and delinquency of youth in Monterey County ages 6-21. The collaborative provides a "ONE-STOP" location of caring connection for youth and family services. SSRC employs an innovative, multi-agency approach that combines probation supervision, educational, vocational and job training, counseling and mediation services, anger management, truancy abatement, mentoring outreach to the community, substance abuse programs, a family support service to at-risk or gang involved youth.

Our Services



Partners For Peace
Building strong families

PARTNERS FOR PEACE (P4P) FAMILY EDUCATION
754-3888

Providing a continuum of family education services:

- **Strengthening Family Program (SFP)** for caregivers and their youth ages 7-17.
- **Parent Project, Sr. (PPS)** for parents/caregivers only of youth with difficult or out-of-control behaviors 11-17.
- **Parent Project, Jr. - Loving Solutions (LS)** prevention program for parents and caregivers only of youth 8-10.
- **Family Adolescents** for caregivers and their youth 9-16. Program gives families new techniques for identifying stressors and risk factors and reduces the effects of acculturation stress.



STEP UP GROUP MENTORING AND THE FAMILY ACCEPTANCE PROJECT
754-3888

- **Step Up Mentoring** serves youth in Salinas and Seaside and provides group mentoring for youth with one or more risk factors. Youth Step-Up an out of the circumstances that limit their options. Youth learn problem-solving skills for success and earn reward field trips. 7th and 8th graders only.
- **Family Acceptance Project** provides support groups for families of LGBTQ youth.



CHILDREN'S BEHAVIORAL HEALTH
796-1378

MONTEREY COUNTY BEHAVIORAL HEALTH
Astonishing. Safe. Renewed Together.

Provides counseling for youth, ages 7-18, with mental health or substance abuse needs.



COMMUNITY HUMAN SERVICES
DAISY/YATV
747-0717

hope. help. here.

- **DAISY, Drug and Alcohol Intervention Services for Youth** and family support for youth abusing substances ages 13-18.
- **YATV, Youth Alternatives to Violence** incorporate diverse education anger management resources and techniques for youth 13-18.



MONTEREY COUNTY WORKS
796-1352

WORKFORCE DEVELOPMENT BOARD

- Provides youth with employment services, job skills training, and encouragement to stay in school or help to find jobs.



RESTORATIVE JUSTICE PARTNERS (RJP)
796-6896

- Provides a **Victim Impact Program** for youth to gain a deeper understanding of the impact crime has on victims, their families and the community. Enhances empathy skills and sensitivity to victims' perspectives. Additional case services/support on various campuses.



Families and youth can be referred by community agencies or self-referred for services.

Additional Collaborative Partners



- **Harmony At Home** provides counseling that promotes alternatives to violence and healthy ways to communicate in relationships. 625-5260
- **California Youth Outreach** provides respite programs for determined youth and young adults. (959) 445-2660
- **Sun Street Centers** provides life skills training and parenting classes for at-risk youth and their families. 753-3150



Silver Star Resource Center

How SSRC Works?

Scan QR code to complete a referral form in English or Spanish



Assigned partner contacts family to enroll them in services

SSRC Multidisciplinary Team (MOT) Reviews Requests

More Information

www.co.monterey.ca.us
Type in Probation Silver Star Resource Center

Silver Star Resource Center

103 E. Laurel Drive, Bldg. H, Salinas, CA 93905



Silver Star Resource Center

Services for families and at-risk (at-promise) youth.

**YOU CAN MAKE A DIFFERENCE
IN A CHILD'S LIFE!**



Court Appointed Special Advocates (CASAs) are community volunteers trained to advocate for the best interest of abused and neglected children in the foster care system.

*CASA volunteers must be 21 or older

For more information, visit us at
www.casaofmonterey.org
or email at
info@casaofmongerey.org

SIGN UP FOR AN INFO MEETING:



**Info Meetings Are Held
Mondays and Thursdays**

Call the office to schedule a 1-on-1
Info Meeting
(831) 222-3965



**Be the Change
Be the Voice of Hope
Be a **CASA****

Court Appointed Special Advocates (CASAs) are community volunteers trained to advocate for the best interest of abused and neglected children in the foster care system.



Sign up for an
**INFO
MEETING**



**EMPOWER A
CHILD IN
FOSTER CARE.**

**CASA NEEDS
YOUR SUPPORT!**

For more information please visit
www.casaofmonterey.org or
Call us 831-222-3965



Remember that plastic and trash don't go in your green organics cart. Food scraps & yard waste become compost for our fields, and lettuce won't grow from plastic. To learn more about food scraps and yard waste recycling, visit <https://svswa.org/residential/green-curb-side-cart/>



Solid Waste Disposal & Recy
(888) 678-6798



Recuerde que el plástico y la basura no van en su bote verde. Las sobras de comida y los desperdicios del jardín se convierten en abono para nuestros campos, y la lechuga no crecerá en el plástico. Para obtener más información sobre el reciclaje de sobras de comida y desperdicios de jardín, visite <https://svswa.org/residential/green-curb-side-cart/>



Solid Waste Disposal & Recy
(888) 678-6798



FREE & OPEN TO PUBLIC

NARCAN

SAVE A LIFE

Available @ Gonzales Fire Department



PREVENT AN OPIOID OVERDOSE

Given as a nasal spray, can reverse the effects of an opioid overdose.

FREE narcan kits

Address: 325 Center St, Gonzales, CA 93926
Contact #831-675-4204



Abierto al Publico

NARCAN

SALVA UNA VIDA

Disponible @ Gonzales Fire Department



Prevenir una sobredosis de opiaceos

Administrado en forma de aerosol nasal puede revertir los efectos de una sobredosis de opiaceos

Kits de Narcan Gratis

Domicilio: 325 Center St, Gonzales, CA 93926
Numero de Contacto: 831-675-4204

Blue Zones Project Monterey County presenta...

LIBRO DE COCINA INSPIRADO EN BLUE ZONES

EDICION DEL CONDADO DE MONTEREY



Para ver el libro digital,
escanea el código QR o visita:
bit.ly/BZPMCLibroDeCocina



Descubre los sabores vibrantes del Condado de Monterey. Creado con amor, saborea los secretos de la longevidad y el bienestar. Disfruta un estilo de vida más saludable y feliz.

- ✓ Libro de cocina digital gratuito
- ✓ Ingredientes a base de plantas
- ✓ 25 recetas fáciles de seguir
- ✓ Recetas locales de chefs de restaurantes aprobados por BZP, miembros de la comunidad y el equipo de BZP.

APRENDE MÁS SOBRE BZP:
montereycounty.bluezonesproject.com

@bzm Montereyco



LIBRO DE COCINA INSPIRADO EN BZP

Descubre los vibrantes sabores del Condado de Monterey. Creado con amor, saborea los secretos de la longevidad y el bienestar. ¡Disfruta un estilo de vida más saludable y feliz! ¡DISPONIBLE AHORA!

- ✓ Libro de cocina digital
- ✓ 25 recetas fáciles de seguir
- ✓ Recetas locales de chefs de restaurantes aprobados por BZP y miembros de la comunidad.
- ✓ Ingredientes a base de plantas

¡GRATIS!

Para ver el libro digital, escanea el código QR o visita: bit.ly/BZPMCLibroDeCocina



LIBRO DE COCINA INSPIRADO EN BZP

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¡GRATIS!

Para ver el libro digital, escanea el código QR o visita: bit.ly/BZPMCLibroDeCocina





Loaves, Fishes & Computers

Fortaleciendo la comunidad a través de la tecnología

LFC se dedica a la inclusión digital en los condados de Monterey, San Benito y Santa Cruz proporcionando recursos gratuitos y de bajo costo que apoyan el acceso a nuestra creciente sociedad digital.

830 Park Row
Salinas CA, 93901

Abierto martes a sábado
10:00 am - 4:00 pm

831-393-9260

Nuestros Servicios



Computadoras Renovadas
Computadoras y accesorios renovados. Las computadoras de escritorio empiezan en \$50



Reparación y asistencia técnica
Obtenga ayuda con preguntas y problemas técnicos o deje su computadora para su reparación con nuestros técnicos.



Alfabetización Digital
Clases gratuitas de alfabetización digital e información sobre una variedad de habilidades y aplicaciones tecnológicas. ¡Contáctanos para más información!



Apoyo para personas mayores
Servicios tecnológicos gratuitos para adultos de 60 años. En asociación con la Agencia del Área del Condado de Monterey sobre el Envejecimiento. (No incluye reparaciones)

A quién servimos

Cualquier persona puede acceder a nuestros servicios. Se proporcionan recursos gratuitos y de bajo costo para las siguientes personas:

- Bajos ingresos (Pautas de HUD)
- Personas mayores de 60
- Veteranos
- Desempleados
- Beneficiarios de Medi-Cal/Medicare
- Beneficiarios de SNAP
- Personas discapacitadas
- Estudiantes que reciben almuerzo gratis / reducido
- Beneficiarios de CARES/Lifeline

[Visitenos para averiguar si califica]

www.LFCtech.org

Tax ID: 27-0187805



Loaves, Fishes & Computers

Strengthening Community Through Technology

LFC is dedicated to digital inclusion by serving the Monterey, San Benito & Santa Cruz counties by providing free and low-cost resources that support access to our ever increasing digital society

830 Park Row
Salinas CA, 93901

Open Tuesday - Saturday
10:00 am - 4:00 pm

831-393-9260

Our Services



Refurbished Computers
Refurbished computers & accessories for sale. Desktops start at \$50



Repair & Tech Support
Get help with basic tech questions and issues or leave your computer for repair to our expert technicians



Digital Literacy
Free digital literacy classes and information on a variety of tech skills and applications. Contact us for more information!



Support for Seniors
Free tech services for adults 60+ years old. In partnership with the Monterey County Area Agency on Aging. (Repairs not included)

Who we serve

Anyone can access our services. Low-cost and free resources are provided for the following individuals:

- Low-income (HUD Guidelines)
- Seniors 60+
- Veterans
- Unemployed
- Medi-Cal/Medicare Recipients
- SNAP Recipients
- Disabled
- Students receiving free/reduced lunch
- CARES/Lifeline Beneficiaries

Visit us to find out if you qualify!

www.LFCtech.org

Tax ID: 27-0187805



LA PRINCESA MARKET

614 Williams Road, Salinas, CA
516 East Alisal Street, Salinas, CA
401 El Camino Real, Greenfield, CA
620 Broadway Street, King City, CA

UTILICE
su tarjeta de
CalFresh/EBT card

1

USE
your CalFresh/EBT
card

COMPRE
frutas y verduras
cultivados en California

2

BUY
California grown
fruits & vegetables

GANE
un 50% de descuento
en su compra de productos
cultivados en California

3

EARN
a 50% discount
on your California grown
produce purchase

HASTA \$15
POR DIA
UP TO \$15 PER DAY





NOTICIAS DE LA COMUNIDAD



La ciudad logró una meta importante en el proyecto del Complejo del Centro Comunitario al recibir la Notificación para Proceder con la Construcción por parte del contratista. Otto Construction comenzará las obras el lunes 10 de junio y se espera que este importante proyecto cívico esté terminado en invierno de 2026.



COMMUNITY UPDATE



The city achieved a major milestone on the Community Center Complex project by issuing the Notice to Proceed with Construction to the contractor! Otto Construction begins site work on Monday, June 10 with completion on this significant civic project expected Winter 2026.





Community Update



Things at the community center are moving along nicely.



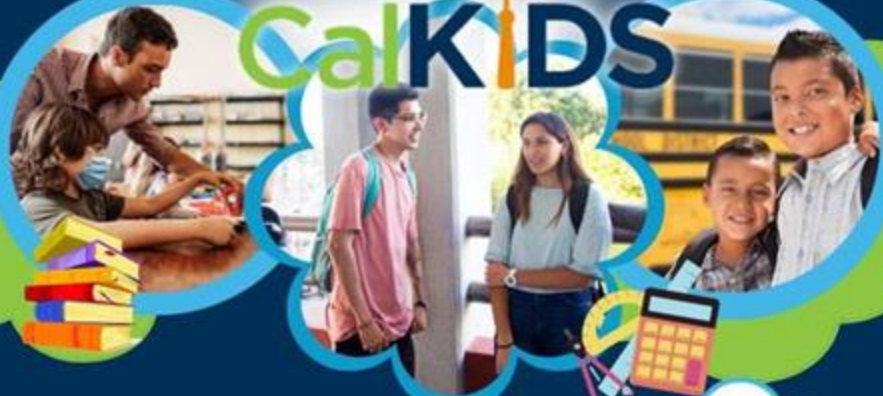
Noticias de la comunidad



Las cosas en el centro comunitario van en buen camino.



CalkIDS



**OUR KIDS HAVE A FUTURE WORTH
SAVING FOR. CLAIM YOUR CHILD'S
SAVINGS ACCOUNT TODAY!**

**Up to \$1,500
per child**

FREE funded college savings accounts
for kids in Monterey County!

Over 64,000 eligible children in Monterey County



<https://calkids.org>



CalkIDS



**NUESTROS HIJOS TIENEN UN FUTURO
QUE VALE LA PENA AHORRAR.
¡RECLAMA LA CUENTA DE AHORROS DE
TU HIJO HOY MISMO!**



**Hasta \$1,500
por niño**

¡Cuentas de ahorro universitario financiadas GRATIS
para niños en el Condado de Monterey!

EN ESPAÑOL



<https://calkids.org>



VISTA LUCIA COMMUNITY

Vista Lucia is a planned community being proposed in Gonzales, Ca. on the north-east side of town, off Fanoe Rd.

The Community includes 768 acres with 3,498 residential units of all sizes and affordability levels. It will take years to reach full build out with the first phase of the project comprising 400 homes.

The developer and city are hoping that construction on the project will start in Spring of 2026.



The Vista Lucia Community will include various types of housing, including Apartments, Townhomes, and Single-Family Units. It will also include New Schools, Large Parks and Open Space, a Fire Station, New Parkways and Trails and New Commercial Areas.

For more information contact Gonzales Community Development Director Taven Kinison Brown at tkinisonbrown@ci.gonzales.ca.us



COMUNIDAD DE VISTA LUCIA

Vista Lucia es una comunidad planeada que se está proponiendo en Gonzales, Ca. en el lado noreste de la ciudad, fuera de Fanoe Rd.

La Comunidad incluye 768 acres con 3.498 viviendas de todos los tamaños y niveles de precio. El proyecto tardará varios años en completarse, la primera fase incluye 400 viviendas.

El desarrollador y la ciudad esperan que la construcción del proyecto comience en la primavera de 2026.



La Comunidad de Vista Lucia incluirá varios tipos de viviendas, como Apartamentos, Casas Adosadas y Viviendas Unifamiliares. También incluirá Nuevas Escuelas, Grandes Parques y Espacios Abiertos, una Estación de Bomberos, Nuevos Senderos y Caminos a Parques y Nuevas Zonas Comerciales.

Para más información, contacte a el Director de Desarrollo Comunitario de Gonzales, Taven Kinison Brown, en tkinisonbrown@ci.gonzales.ca.us





FAMILY SUPPORT GROUP FOR PARENTS AND CAREGIVERS LOOKING FOR RESOURCES AND GUIDANCE TO SUPPORT THEIR LGBTQ+ YOUTH AND THEIR FAMILY



Rainbow Connections

Family Support Groups

SCAN ME





General Information

- Spanish and English Groups Available
- For parents/caregivers with LGBTQ+ youth
- 10-week in-person support group- 1.5 hours, once a week on Tuesdays or Thursdays in Salinas.
- Free Program.
- Childcare available

In-Person Family Support Groups - Salinas Schedule as Follows Beginning the week of Sept. 24th

- Tuesdays @ 9am: Spanish OR
- Tuesdays @ 6pm: English OR
- Thursdays @ 9am: English OR
- Thursdays @ 6pm: Spanish

 gcano@p4pmc.org

 George Cano
Family Support Partner
831-238-9010



GRUPO DE APOYO FAMILIAR PARA PADRES Y CUIDADORES QUE BUSCAN RECURSOS Y ORIENTACIÓN PARA APOYAR A SUS JOVENES LGBTQ+ Y SU FAMILIA



Rainbow Connections

Grupos de Apoyo Para Padres

SCAN ME




Información General

- Grupos disponibles en Español e Inglés.
- Para padres/cuidadores con jóvenes LGBTQ.
- Grupo de apoyo presenciales de 10 semanas- 1.5 horas, una vez a la semana los martes o jueves en Salinas.
- Programa gratuito.
- Cuidado de niños disponible

Grupos de Apoyo Presenciales Para Padres En Salinas - Plazas disponibles a partir de la semana del 24 de septiembre:

- Martes @ 9am: Español
- Martes @ 6pm: Inglés
- Jueves @ 9am: Inglés
- Jueves @ 6pm: Español

 gcano@p4pmc.org

 George Cano
Socio De Apoyo Familiar
831-238-9010

community
human services
hope. help. here.



OUR MISSION

Community Human Services is a nonprofit agency dedicated to providing high quality mental health, substance abuse and homeless services to Monterey County residents to help them reach their full potential.

ADMINISTRATION

2111 Garden Rd., Ste. A160
Monterey, CA 93940
(831) 658-2811
www.chservices.org

JOINT POWERS MEMBERS

City of Carmel
City of Del Rey Oaks
City of Marina
City of Monterey
City of Pacific Grove
City of Salinas
City of San Jose
Carmel Unified School District
Monterey County Office of Education
Monterey Peninsula Unified School Dist.
Monterey Peninsula College
Nis. Monterey County Unified School Dist.
Pacific Grove Unified School District
Salinas Union High School District
Santa Rita Union School District

facebook.com/chservices

@CHS_Monterey

communityhumanervicesmonterey

communityhumanervices

DIRECTORY OF PROGRAMS AND SERVICES

ABOUT CHS

Community Human Services (CHS) offers free and low-cost services to youth, adults and families experiencing difficulties with mental and emotional health, drugs and alcohol, children's behavior and parenting, domestic violence and homelessness.

MENTAL HEALTH SERVICES

Family Service Centers in Salinas & Seaside – (831) 757-7915; (831) 394-4622

- Outpatient mental health counseling on a variety of issues, from depression and anxiety to relationship, family life, and more
- Parenting education classes
- Domestic violence & anger management group counseling
- Supervised visitation and neutral exchanges for non-custodial parents and children

SUBSTANCE ABUSE SERVICES

Genesis House in Seaside – (831) 899-2436

- Residential drug treatment for adults
- Special program for pregnant and parenting women and their children up to age 5
- Medication-assisted treatment options

Outpatient Treatment Centers in Salinas & Monterey – (831) 237-7222; (831) 383-7800

- Outpatient drug treatment for adults
- Medication-assisted treatment options
- Assessments for all levels of care

Off Main Clinic in Salinas – (831) 424-4828

- Medication-assisted treatment and counseling support for opioid dependent adults
- Medication options include methadone, buprenorphine, disulfiram, and naltrexone

Elm House & Sonoma House in Seaside – (831) 899-2436

- Transitional sober housing for single men and women in recovery

Drug & Alcohol Intervention Services for Youth (DAISY) in Salinas – (831) 424-4828 x609

- Substance abuse intervention program for youth ages 12-18
- Parent support group

Substance Use Prevention Program (SUPP) – (831) 424-4828 x609

- School-based substance use prevention/intervention program for youth

HOMELESS SERVICES

Safe Place in Monterey and Salinas – (831) 373-4421; (831) 800-2688

- Youth Navigation and drop-in center for runaway and homeless youth up to age 24
- Overnight emergency shelter for homeless youth ages 18-24 (Monterey only)

Safe Passage in Monterey – (831) 717-4126

- Transitional supportive housing program for homeless youth ages 18-24

Monterey Peninsula and Salinas Valley Street Outreach Programs – (831) 373-4421; 753-8553

- Street outreach, survival aid, crisis counseling and case management for homeless youth up to age 24 throughout Monterey County

Casa de Noche Buena in Seaside – (831) 867-8200

- Emergency shelter and case management for single women and families with children

Shuman HeartHouse – (831) 200-1440

- Emergency shelter and case management for single women and families with children

SHARE Center – (831) 382-6582

- Emergency shelter and case management for women, men, and families

community
human services
hope. help. here.



NUESTRA MISIÓN

Community Human Services es una agencia sin fines de lucro dedicada a brindar servicios de salud mental, abuso de sustancias y personas sin hogar de alta calidad a los residentes del condado de Monterey para ayudarles a alcanzar su máximo potencial.

ADMINISTRACIÓN

2111 Garden Rd., Ste. A160
Monterey, CA 93940
(831) 658-2811
www.chservices.org

JOINT POWERS MEMBERS

City of Carmel
City of Del Rey Oaks
City of Marina
City of Monterey
City of Pacific Grove
City of Salinas
City of San Jose
City of Seaside
Carmel Unified School District
Monterey County Office of Education
Monterey Peninsula Unified School Dist.
Monterey Peninsula College
Nis. Monterey County Unified School Dist.
Pacific Grove Unified School District
Salinas Union High School District
Santa Rita Union School District

facebook.com/chservices

@CHS_Monterey

communityhumanervicesmonterey

communityhumanervices

DIRECTORIO DE PROGRAMAS Y SERVICIOS

ACERCA DE CHS

Community Human Services (CHS) ofrece servicios gratuitos y de bajo costo a jóvenes y familias que experimentan dificultades con la salud mental y emocional, las drogas y el alcohol, el comportamiento de los niños, la crianza de los hijos, la violencia doméstica y la falta de vivienda.

SERVICIOS DE SALUD MENTAL

Centro Para Servicios de Familia en Salinas y Seaside – (831) 757-7915; (831) 394-4622

- Orientación de salud mental en una variedad de temas, desde la depresión, la ansiedad, relaciones sociales, vida doméstica y más
- Talleres educativos para la crianza de los niños
- Programa de Consejería de violencia doméstica y consejería en grupo sobre cómo controlar el enojo
- Visitas supervisada y Programa de intercambio para padres sin custodia y sus niños

SERVICIOS DE ABUSO DE SUSTANCIAS

Casa Génesis en Seaside – (831) 899-2436

- Tratamiento residencial para adultos en la recuperación del abuso de las drogas
- Programa especial de tratamiento para madres de familia y mujeres embarazadas
- Opciones de tratamiento asistido por medicamentos

Elm House y Sonoma House en Seaside – (831) 899-2436

- Vivienda sobria de transición para hombres y mujeres solteras en recuperación

Outpatient Treatment Centers en Salinas y Monterey – (831) 237-7222; (831) 383-7800

- Tratamiento ambulatorio para adultos en la recuperación del abuso de las drogas
- Opciones de tratamiento asistido por medicamentos
- Evaluaciones para todos los niveles de atención

Clinica Off Main en Salinas – (831) 424-4828

- Tratamiento Medicamento Asistido, consejería para adultos dependientes de opioides
- Las opciones de medicamentos incluyen metadona, buprenorfina, disulfiram, y naltrexona

Intervenciones para Jóvenes contra las Drogas y Alcohol (DAISY) en Salinas – (831) 424-4828

- Programa de intervención de abuso de sustancias para jóvenes de 12 a 18 años
- Grupos de apoyo para padres de familia

Programa de Prevención del Uso de Sustancias (SUPP) – (831) 424-4828 x609

- Programa de intervención/prevención del uso de sustancias basado en la escuela para jóvenes

SERVICIOS PARA PERSONAS SIN HOGAR

Safe Place en Monterey y Salinas – (831) 373-4421; (831) 800-2688

- Centro de refugio y navegación para jóvenes viviendo en la calle y sin hogar hasta los 24 años
- Refugio de emergencia durante la noche para jóvenes sin hogar de 18 a 24 años (solo en Monterey)

Safe Passage en Monterey – (831) 717-4126

- Programa de vivienda de apoyo de transición para jóvenes sin hogar de 18 a 24 años

Programas de Alcance en las Calles de la Península de Monterey y el Valle de Salinas – (831) 373-4421; (831) 753-8553

- Alcance en las calles, ayuda para la supervivencia, asesoramiento en caso de crisis y administración de casos para jóvenes sin hogar de hasta 24 años en todo el condado de Monterey

Casa de Noche Buena en Seaside – (831) 867-8200

- Refugio de emergencia y manejo de casos para mujeres solteras y familias con niños

Shuman HeartHouse – (831) 200-1440

- Refugio de emergencia y manejo de casos para mujeres solteras y familias con niños

SHARE Center – (831) 382-6582

- Refugio de emergencia y manejo de casos para mujeres, hombres, y familias

OUR MISSION

The Epicenter exists to empower at-risk and systems involved youth ages 16-24 to flourish by connecting them to community resources that provide opportunities for equality and hope in order to improve youth outcomes in Monterey County.

OUR FOUNDERS



OUR HISTORY

The Epicenter was founded on September 4, 2014 with the support of the VOICES Center in Napa, CA. Eight young people worked together to identify the core needs of youth in Monterey County. Since then we have expanded to provide an array of services to reach the diverse needs of community.

PROGRAMS HOURS & LOCATION

THE EPICENTER

737 S. Main St.
Salinas, CA 93901

Spring / Summer Hours
Monday - Thursday
12:00 p.m. - 6:00 p.m.


Fall / Winter Hours
Monday - Thursday
11:00 a.m. - 5:00 p.m.

CONTACT US

(831)988-7291

INFO@EPICENTERMONTEREY.ORG
WWW.EPICENTERMONTEREY.ORG

 @THEEPICENTER831

 EPICENTER MONTEREY

 @THEEPICENTER831

DONATE



WEBSITE



**MONTEREY
COUNTY'S FIRST
YOUTH-LED
COMMUNITY
RESOURCE CENTER
THAT SUPPORTS
YOUNG PEOPLE AS
THEY TRANSITION
INTO ADULTHOOD.**

Gonzales Adult School

ENGLISH FOR HEALTHCARE

Learn basic terminology
necessary for the healthcare
field

Start Date: 9/4/24 -12/9/24

Days: Mon & Wed

Time: 8:30am-10:30am

For more information please

contact:
Gonzales Adult School
650 Elko St. Gonzales, Ca
(831)675-1081

Scan QR Code
To Register



HOME HEALTH AIDE

Coming Soon!!

Gain the skills to start a rewarding Health Care career!

Home care services are specifically designed to provide assistance with daily living activities in the comfort of an individual's home.

TRAINING IN:



Patient / Dementia Care



Aids Aide Personal Care Medicines



Home Care Assistance with Medication



For more information or to register please contact:
Gonzales Adult School at
(831) 675-1081 or (831) 290-0105
650 Elko St.
Gonzales, CA 95928



Paraprofessional Preparation Class & Exam

Do you enjoy working with children of all ages?

Come and get your certificate

for Paraprofessional

Class Starts on
September 23, 2024
Class ends on
December 23, 2024

Wednesdays & Fridays

Must have a high school diploma or equivalent (HSSE/GED)

For more information or to register, please contact
Gonzales Adult School at:
(831) 675-1081 or (831) 290-0105
650 Elko St.
Gonzales, Ca 95928



Fee: \$45

Time:
9:30am-12:30pm

CERTIFICACIÓN DE OPERADOR DE MONTACARGAS

ESTE CURSO ES DE 24 HORAS, Y PARA BRINDARLES A LOS ESTUDIANTES LA OPORTUNIDAD DE APRENDER COMO OPERAR DE MANERA SEGURA UN MONTACARGA CONTRAPESADAS, COMPLETAR UNA INSPECCIÓN DE SEGURIDAD Y OBTENER SU CERTIFICADO.

FECHAS Y HORARIO:

24 de agosto de 2024
7 de septiembre de 2024
14 de septiembre de 2024
8:00 am-4:00 pm
(Debes asistir los 3 días!)

COSTO: \$75



CONTACTENOS PARA MÁS INFORMACIÓN EN:
GONZALES ADULT SCHOOL
650 ELKO ST.
GONZALES, CA 95928
831-675-1081 OR TEXT 831-290-0105



FORKLIFT OPERATOR CERTIFICATION

THIS IS A 24 HOUR COURSE DESIGNED TO GIVE STUDENTS THE OPPORTUNITY TO LEARN HOW TO SAFELY OPERATE A COUNTERBALANCED FORKLIFT. COMPLETE A SAFETY INSPECTION AND EARN A FORKLIFT CERTIFICATE.

DATES & TIMES:

August 24, 2024
September 7, 2024
September 14, 2024
8:00am-4:00pm
Must Attend all 3 days!!

FEE: \$75



CONTACT US FOR MORE INFORMATION AT:
GONZALES ADULT SCHOOL
650 ELKO ST.
GONZALES, CA 95928
831-675-1081 OR TEXT 831-290-0105



Gonzales Adult School is offering 9 Google Professional Certificate in English for our community for 18 years old and older

(FREE until December 2025)

Take any of the 9 self-paced industry-recognized Google Professional Certificates via online in Courses and obtain a Certificate from Google.

- ✓ GOOGLE IT SUPPORT
- ✓ GOOGLE IT AUTOMATION WITH PYTHON
- ✓ GOOGLE DATA ANALYTICS
- ✓ GOOGLE UX DESIGN
- ✓ GOOGLE ADVANCED DATA ANALYTICS
- ✓ GOOGLE BUSINESS INTELLIGENCE
- ✓ GOOGLE CYBERSECURITY
- ✓ GOOGLE PROJECT MANAGEMENT
- ✓ DIGITAL MARKETING AND E-COMMERCE

Contact us for more information at:
Gonzales Adult School
650 Elko St.
Gonzales, CA 95928
831-675-1081
or



La Escuela de Adultos de Gonzales está ofreciendo 8 Certificación Profesionales de Google en español para nuestros miembros de la comunidad mayores de 18 años

(GRATIS hasta Diciembre del 2025)

Inscribirse en cualquiera de los 8 Certificación Profesionales de Google reconocidas por la industria y tome la clase en línea en Courses en no pagó! havorle para obtener un Certificado

- ✓ REPORTE DE LA TECNOLOGÍA DE INFORMACIÓN DE GOOGLE
- ✓ ANÁLISIS DE DATOS DE GOOGLE
- ✓ CIBERSEGURIDAD DE GOOGLE
- ✓ ORIENTACIÓN DE PROYECTOS DE GOOGLE
- ✓ DISEÑO DE EXPERIENCIA DEL USUARIO UX

Contactémos para más información en:
Gonzales Adult School
650 Elko St.
Gonzales, CA 95928
831-675-1081
or





FREE ART & COOKING CLASSES!

ART CLASSES

- 2.13.25
- 3.13.25
- 4.10.25
- 5.8.25
- 6.12.25

Location:

Gonzales Adult School

Address: 650 Elko St, Gonzales, CA.

COOKING CLASSES

- 2.14.25
- 3.14.25
- 4.11.25
- 5.9.25
- 6.13.25

Location:

Taylor Farms Family Health & Wellness Center

Address: 850 5th St, Gonzales, CA.

For questions please call 831-675-4206



CLASES GRATIS DE ARTE Y COCINA

CLASES DE ARTE

- 2.13.25
- 3.13.25
- 4.10.25
- 5.8.25
- 6.12.25

Ubicacion:

Gonzales Adult School

Address: 650 Elko St, Gonzales, CA.

CLASES DE COCINAR

- 2.14.25
- 3.14.25
- 4.11.25
- 5.9.25
- 6.13.25

Ubicacion:

Taylor Farms Family Health & Wellness Center

Address: 850 5th St, Gonzales, CA.

Para preguntas favor de llamar a 831-675-4206



Gonzales Garden Pollinator Planting Day

SIEMBRA DE JARDIN POLINIZADOR EN EL JARDIN DE GONZALES

Give Back. Feel Good. Have Fun!

The Gonzales Community Garden plants a pollinator garden! Join for any amount of time, please wear comfortable attire and gloves if possible.

.....
Aportar. Sentirse bien. ¡Divertirse!

**¡El Jardín Comunitario de Gonzales
siembra un jardín polinizador!
Acompañanos por el tiempo que
puedas, usa ropa comoda y guantes
si es posible.**

more information: **Amanda Good**
más información: amanda@savethewhales.org
(541) 778-4243

Date / Fecha

January 29th & 30th
29 y 30 de enero

Time / Hora

8:30 AM - 4:30 PM

Location / Lugar

corner of / esquina de Elko
St. & Fairview Dr.
Gonzales, CA

FREE
Register
Registrarse
GRATIS



led by:



www.montereycounty.bluezonesproject.com



Free Yoga Classes

Class Led by:
Vivian Leyva
Certified Yoga Instructor

Join us for **FREE** community Yoga classes!

Registration is highly recommended - walk-ins are also welcome. For more information, please contact the Health Promotion Department at HealthPromotion@SalinasValleyHealth.com or 831-759-1890.



Scan the QR Code
for more information
and to register

SalinasValleyHealth.com

Saturdays, 9:00-10:00am
December 14 & 21
January 11 & 25
February 8 & 22
March 8 & 22

Taylor Farms Family Health
& Wellness Center
Community Room
850 5th Street
Gonzales, CA 93926



TAYLOR FARMS FAMILY
HEALTH & WELLNESS CENTER



Clases de Yoga Gratis

Clase dirigida por:
Vivian Leyva
Instructora Certificada de Yoga

¡Acompáñenos en nuestras clases comunitarias **GRATUITAS** de Yoga!

Recomendamos que se registre - personas sin cita también son bienvenidas. Para más información, envíe un correo electrónico a nuestro Health Promotion Department HealthPromotion@SalinasValleyHealth.com o llámé al 831-759-1890.



Escanea el código QR
para más información
y para registrarte

SalinasValleyHealth.com

Sábados, 9:00-10:00am
14 y 21 de diciembre
11 y 25 de enero
8 y 22 de febrero
8 y 22 de marzo

Taylor Farms Family Health
& Wellness Center
Community Room
850 5th Street
Gonzales, CA 93926



TAYLOR FARMS FAMILY
HEALTH & WELLNESS CENTER



Free Zumba Classes



Class Led by:
Paola Delgado
Certified Zumba
Instructor

Join us for **FREE** community Zumba classes!

Registration is highly recommended - walk-ins are also welcome. For more information, please contact the Health Promotion Department at HealthPromotion@SalinasValleyHealth.com or 831-759-1890.



Scan the QR Code
for more information
and to register

SalinasValleyHealth.com

Mondays, 6:00-7:00pm
January 20 & 27
February 10 & 24
March 10 & 24

**Taylor Farms Family Health
& Wellness Center
Community Room**
850 5th Street
Gonzales, CA 93926



TAYLOR FARMS FAMILY
HEALTH & WELLNESS CENTER



VOLUNTEERS SOUGHT FOR MST'S MEASURE Q OVERSIGHT COMMITTEE

On November 4, 2014, the voters of Monterey County approved the first-ever countywide sales tax measure for public transit. In July 2015, the Monterey-Salinas Transit Local Transit Funding for Senior Citizens, Veterans and People with Disabilities sales tax, otherwise known as Measure Q, began to raise approximately \$8 million per year to be used solely for services and equipment that support transportation programs for veterans, senior citizens, and persons with disabilities. An oversight committee was created in April 2015 to review and report on the revenue and expenditure of funds from the tax.

Monterey-Salinas Transit (MST) is seeking enthusiastic volunteers to apply as a member of the oversight committee to represent the following:

- The County of Monterey, to include a representative from an unincorporated area of Monterey County.
- The Seaside- Marina-Monterey urbanized area to include a representative from among the cities of Carmel-by-the-Sea, Monterey, Pacific Grove, Seaside, Del Rey Oaks, Sand City, and Marina.
- The non-urbanized areas to include a representative from among the cities of Gonzales, Greenfield, Soledad, and King City.

The representative will be appointed by the MST Board of Directors and serve up to a three-year term. Interested candidates can learn more and obtain an application by visiting www.mst.org/about-mst/measure-q/.

For more information, visit www.mst.org/about-mst/measure-q/oversight-committee/ or contact Lisa Rheinheimer, Deputy CEO at lrheinheimer@mst.org.

THE ONLINE PAYMENT PORTAL IS NOW OPEN



MANAGE ACCOUNT AND GO PAPERLESS

- Scan QR Code
- Click on "Sign in or Sign up"
- **ONCE YOU ARE REGISTERED**
 - Choose the way you pay: one-time payment or autopay (set day)
 - Input card information
 - Receive payment confirmation
- **GO PAPERLESS**
 - Go to "Contact Preferences" tab
 - Click on "Email"
 - Enter Email and confirm it
 - Check on any reminders you want
 - Click on "Update" at the bottom of the page

OR

MAKE A QUICK PAYMENT

- Scan QR code
- Click on "Quick Pay"
- Enter your account number
- Verify your Address
- Enter the amount
- Click on Continue and make your payment

OR

MAKE A PAYMENT OVER THE PHONE

- call 833-511-8076 (Toll free, 24/7)
- will need account # and street number
- (Discover, Mastercard and Visa only)



EL PORTAL DE PAGOS EN LÍNEA YA ESTÁ ABIERTO



ADMINISTRA CUENTA Y FACTURAS ELECTRÓNICAS

- Escanea el código QR
- Haga clic en "Iniciar sesión o Registrarse"
- **DESPUES DE REGISTRARSE**
 - Elige la forma de pago: pago único o pago automático (elija el día de pago)
 - Ingresa Información de la tarjeta
 - Recibira una confirmación
- **Configurar Factura Electrónica**
 - Vaya a "Preferencias"
 - Haga clic en "correo electrónico"
 - Ingresa el correo electrónico y confírmelo
 - Aplica los recordatorios a su gusto
 - Haga clic en "Actualizar"

OR

Haga un pago rápido

- Escanea el código QR
- Haga clic en "Pago rápido"
- Ingresa tu numer de cuenta
- Verifica tu dirrección
- Ingresa la cantidad
- haga clic en "Continuar" y ingrese la informacion de su tarjeta

OR

Use la opción de pagar por teléfono

- Llama al 833-511-8076 (24 horas al día, 7 días a la semana)
- Necesitará el número de cuenta y el número de calle.
- (Aceptamos Discover, Mastercard y Visa)

