

RESOURCE DIRECTORY

I Need	Organization	Description. Of Service	Contact	Website
Food	Monterey County Dept. of Social Services	Provides social services and assistance, including Cal-Fresh (formerly food stamps).	831-755-4400	http://mcdss.co.monterey.ca.us/
Food	The American Red Cross	Provides emergency mass care, including food and sheltering	866-272-2237	www.redcross.org/local/california/northern-california-coastal/about-us/locations/central-coast.html
Food and Supplies	Food Bank for Monterey County	Provides emergency food and mass care to eligible low-income families	831-758-1523	http://www.foodbankformontereycounty.org/
Food for Seniors	The Salvation Army	Provides emergency food and supplies at multiple locations on the central coast, including senior meals through drive through and delivery.	831-899-4911	https://montereypeninsula.salvationarmy.org/
Food for children	Monterey County Office of Education	During COVID-19 school closures, all schools/districts will provide nutrition services for students.	831-755-0300	<ul style="list-style-type: none"> General Info: www.montereycoe.org/resources/alerts/coronavirus/nutrition/ Map: https://maps.co.monterey.ca.us/portal/apps/View/index.html?appid=b1031190f5564010843b6c6a32e15c01
Food for seniors	Alliance on Aging	Provides assistance for seniors, including medicine and food delivery.	831-758-4011	https://allianceonaging.org/
Food for seniors	California Dept. of Aging	Can provide services for seniors, including medicine and food pick up	800-510-2020	www.aging.ca.gov/
Food for seniors	Meals on Wheels	Food delivery for seniors	888-998-6325	https://www.mealsonwheelsamerica.org
Grocery Store Special Hours	Grocery Stores – including Safeway, Walmart, Whole foods,	Special Hours have been put into place at some grocery store chains for “at-risk”	Varies	General Info: www.ksbw.com/article/stores-change-hours-begin-offering-senior-only-

	Dollar General and Target	shoppers, including senior citizens, pregnant people and other people with vulnerable immune systems.		shopping-hours/31823832
Child Care Support	The YMCA	Childcare Support may be provided by the central coast YMCA for essential workers.	831-373-4167	https://www.centralcoastymca.org/
Child Care Support	Hearts and Hands Preschool	Emergency Childcare for Essential Workers Hours: Monday – Friday, 6:30 AM – 6:30 PM	831-449-7536	https://hhpreschool.com/hearts-hands-north-salinas/
Child Care Support	Monterey County Child Care	Resource and Referral for Childcare Providers and Families in Monterey County	831-757-0775	https://montereycountychildcare.org/
Family Support Services	Catholic Charities	Family support services (Cal fresh, hope in home, medical, nutrition education), legal immigration & citizenship program	831-422-0602	www.catholiccharitiesdom.org
Shelter	The American Red Cross	Provides emergency mass care, including food, sheltering facilities, support & resources.	866-272-2237	https://www.redcross.org/local/california/northern-california-coastal/about-us/locations/central-coast.html
Shelter	Gathering for Women	Food, Showers, Emergency Clothing/Supplies provided for homeless women on the peninsula	831-241-6154	https://www.gatheringforwomen.org/
Shelter	Community Homeless Solutions	Multiple Shelters	831-384-3388 and 831-384-3322	https://www.communityhomelessolutions.org/covid19
Shelter	Community Human Services	Multiple Shelters	831.241.0914.	https://chservices.org/
Shelter	Dorothy's Place	Drop-in center and soup kitchen	831-757-3838	www.dorothysplace.org

Domestic Abuse Assistance	Theresa's Fund	Find domestic violence programs and shelters	800-799-7233	https://www.domesticshelters.org/
Rehab	Sun Street Centers	Provides substance abuse education, prevention, and recovery.	831-753-5135	https://sunstreetcenters.org/
Pet/Animal Assistance	SPCA for Monterey County	Pet sheltering, rescue, emergency pet food and supplies	831-373-2631	http://www.spcamc.org/
Cash & Employment Assistance	Monterey County Department of Social Services	For information regarding social services and assistance, including Cal-Works cash assistance.	831-755-4400	http://mcdss.co.monterey.ca.us/
Cash Assistance for Service Workers	One Fair Wage	Offering cash assistance to restaurant workers, delivery drivers, and other tipped workers who are seeing income decline or can't work because of quarantines or other health concerns.	N/A	https://ofwemergencyfund.org/help
Cash Assistance for students	Scholly	Providing \$200 in cash assistance, to students, parents of students, or graduates, in need.	N/A	https://blavity.com/exclusive-scholarship-app-scholly-launches-relief-fund-for-students-affected-by-coronavirus
Non-Profit Funding Assistance	The Community Foundation for Monterey County (CFMC) and Monterey Peninsula Foundation	Nonprofit organizations may qualify for relief funds of \$5,000 to \$30,000 from the COVID-19 Relief Fund to address the immediate and longer-term needs of our region's most vulnerable residents who will be impacted by the Coronavirus.	831.375.9712 or 831.754.5880	https://www.cfmco.org/nonprofits/grants/covid-19-relief-grants/
Economic Assistance	California Employment Development Department	Provides State assistance to unemployed, job seekers, those who need paid leave, those whose hours are cut and employers, including those whose hours have been	800-300-5616	https://edd.ca.gov/about_edd/coronavirus-2019.htm

		reduced or cut, those who must miss work because of child school closures, and those who are sick or must care for someone else as a result of COVID-19		
Economic Assistance	Monterey County Workforce Development	If you are an employer and/or worker affected by COVID-19, disasters assistance is available from Monterey County Workforce Development Rapid Response (layoff assistance or aversion). Services include on-site sessions where employees learn about unemployment benefits, job search techniques, training opportunities, and reemployment.	831-796-3341 (for businesses) 831-796-3335 (or job seekers)	www.montereycountywdb.org/business-services/rapid-response/
Economic Assistance	US Small Business Administration	If your business has suffered substantial economic injury as a result of the Coronavirus, you can apply for a low-interest federal disaster loan.	Call: 800-659-2955 Email: disastercustomerservice@sba.gov	https://disasterloan.sba.gov/ela/
Economic Assistance	California Coastal Rural Development Corporation	Offers working capital loans at a low interest rate and defers interest and principal repayment for the duration of the closure. The County's program is matching SBA deferment qualifications during this business cycle and may be a source of bridge funding until the SBA programs come online.	(831) 424-1099	https://www.calcoastal.org/
Economic Assistance	Jewish Free Loan	No-fee and interest-free loan to cover small business losses, lost wages because you can't go in to work, childcare costs when schools are closed, and funds lost due to cancelled travel plans and more.	(323) 761-8830	https://www.jfla.org/coronavirus-loans

Tax Assistance	CA Board of Equalization	State assistance with sales and use, property and special taxes	800-400-7115	http://www.boe.ca.gov/
Tax Assistance	CA Franchise Tax Board	State income tax filing and payment deadlines that occur on March 15, 2020 through June 15, 2020 are extended to June 15, 2020	800-852-5711	https://www.ftb.ca.gov/index.shtml
Tax Assistance	U.S. Internal Revenue Service	Information on casualty, disaster and theft losses and general IRS tax information	800-829-1040	https://www.irs.gov/coronavirus
Social Security Benefits	US Social Security Administration	Provides social security and survivors benefit and assistance with social security checks	800-772-1213	www.ssa.gov/agency/emergency/ www.ssa.gov/coronavirus
Driver's license and Vehicle registration renewal extension	CA Dept. of Motor Vehicles	If your driver license or vehicle registration is expiring soon, the California Department of Motor Vehicles (DMV) is offering announced a 60-day extension for renewals of driver licenses and vehicle registrations with expiration dates beginning March 16, 2020.	800-777-0133	www.dmv.ca.gov/portal/dmv/detail/about/dmv_news
Utility Assistance	PG&E	G&E <u>has halted service disconnections</u> for non-payment for both residential and commercial customers until further notice. The utility will also offer flexible payment plans "to customers who indicate either an impact or hardship as a result of COVID-19."	800-743-5000	https://www.pge.com/
Bank & Credit Card Assistance	Banks and credit card companies including Citibank & Wells Fargo	Banks & credit card companies may offer payment deferrals, fee waivers, and credit line increases due to COVID-19.	N/A	www.forbes.com/sites/advisor/2020/03/12/list-of-banks-offering-relief-to-customers-affected-by-coronavirus/#1866ec973ee3

Internet, Cable & Phone Assistance	Comcast, AT&T, Sprint, Spectrum, Verizon, T-Mobile, and several other providers	Internet, phone, and cable providers may offer unlimited data, free WIFI, waive late fees, and/or temporarily suspend service termination	N/A	www.fcc.gov/keep-americans-connected
Car Payment Assistance	Ford, Hyundai	Delay of payments	Varies	https://www.usatoday.com/story/money/2020/03/16/utility-cable-internet-phone-coronavirus-covid-19/5060084002/
Car Rental Assistance	Enterprise	The rental car company is reducing the minimum age for renting a car to 18 through May 31 "to make it easier for students to get home to their families" due to the suspension of college courses.	855-266-9565	https://www.enterprise.com/en/home.html
Storage and moving assistance	U-Haul	U-Haul is offering 30 days of free storage space, usage of U-Box portable moving, and storage containers for college students impacted by unforeseen schedule changes at their universities. Offer valid for new customers with college IDs.	800-468-4285	https://www.uhaul.com/
Assistance for Veterans	Monterey County and National Veterans Affairs Office	Provides advocacy, assistance and services for veterans and military members	831-647-7613 (local) 800-827-1000 (national)	Local: www.co.monterey.ca.us/government/departments-i-z/military-veterans/ National: http://www.va.gov/
Resources for Prisoners	Beyond Prisons	Beyond Prisons is working with people around the United States to build resources for supporting incarcerated people during the coronavirus pandemic.	N/A	https://www.beyond-prisons.com/covid19
Assistance for Home care workers	Coronavirus Care Fund – National Domestic Workers Alliance	The Coronavirus Care Fund (CCF) provides \$400 in emergency assistance for qualifying home care workers, nannies and house cleaners who are experiencing financial hardship due to the coronavirus pandemic.	646-360-5806	https://domesticworkers.org/coronavirus-care-fund

		Assistance from the Fund is to help you stay home and stay safe during the pandemic.		
Assistance for workers in the alcohol industry	USBG National Charity Foundation	Eligible if worked for at least one year directly serving or in the production, promotion or distribution of alcoholic beverages, or the spouse or child of someone in the industry	855-655-8724	www.usbgfoundation.org/covid-19-response/
Assistance for Restaurants and their workers	Restaurant Workers Community Foundation	50% of funds go toward direct relief to individual restaurant workers, 25% of to nonprofit organizations serving restaurant workers in crisis, and 25% go to zero-interest loans to restaurants	N/A	https://www.restaurantworkerscf.org/
Assistance for Restaurants	Support Restaurants	Supports small businesses through dining bonds which work like savings bonds, where you can purchase a "bond" at a value rate to be redeemed for face value at a future date. Helps businesses recover from emergencies quicker while providing dining discounts to those who buy gift cards.	N/A	https://supportrestaurants.org/
Assistance for Restaurants	Restaurant Opportunities Centers Fund	Assistance for restaurants and other service businesses and workers	N/A	https://rocunited.org/stop-the-%20%20spread/coronavirus-support/
Health & Wellbeing Services	Monterey County Department of Social Services	Social services and assistance, including the Medical program, health care, child welfare, and adult protective services	831-755-4400	http://mcdss.co.monterey.ca.us/
Health Care	The American Red Cross	Provides emergency medical, nursing and mental health support services.	866-272-2237	www.redcross.org/local/california/northern-california-coastal/about-us/locations/central-coast.html

Health Care	Big Sur Health Center	Provides complementary medical and mental health services, free medications and supplies	831-667-2580	http://www.bigsurhealthcenter.org/
Health Care	Montage Health	If you feel sick and are concerned about COVID-19 (Novel Coronavirus), please call your doctor or other healthcare provider before arriving at the office. You can also call Montage Health Virtual Care Option, which is free for all community members experiencing mild respiratory symptoms	831-622-8001	www.montagehealth.org/montage-health/services/evisit/#.XnLX7GhKjIU
Emotional Support	The Mental Health Association of San Francisco (MHASF)	offering free emotional support assistance for all Californians Call or message a free peer-run warm line for non-emergency emotional and mental health support. The line can also help connect you to local emergency, mental health, or social services. All calls are confidential.	1-855-845-7415	<ul style="list-style-type: none"> • Webchat to receive emotional support: www.mentalhealthsf.org/peer-run-warmline/ • More information on mental health: : www.co.monterey.ca.us/government/departments-a-h/health/behavioral-health/covid-19-resources-for-coping-with-mental-health-recursos-para-manejar-la-salud-mental/ • Online support groups: www.relationalcenter.org/onlinesupport/

Medicine Delivery for Seniors	Alliance on Aging	Provide a multitude of assistance for seniors, including medicine and food delivery.	831.758.4011 831.646.1458	https://allianceonaging.org/
Medicine Delivery for Seniors	California's department of Aging	Can provide services for seniors, including medicine and food pick up	Call 1-800-510-2020	www.aging.ca.gov/
COVID-19 & Assistance Information	CVS and Walgreens	Some pharmacies are offering fee waivers for home delivery of prescription medication	Varies	CVS: https://cvshealth.com/newsroom/press-releases/cvs-health-announces-additional-covid-19-resources-focused-patient-access
To Share Information on COVID-19 Impacts				Walgreens: https://news.walgreens.com/press-releases/general-news/walgreens-takes-further-action-to-support-customers-during-covid-19-pandemic.htm
COVID-19 Local Information	Monterey County Office of Emergency Services & Health Department	Information regarding COVID-19	Text "MCCOVID19" to 888777	Health Department: www.mtyhd.org/covid19 Office of Emergency Services: www.co.monterey.ca.us/office-of-emergency-services/response/covid-19/
COVID-19 State Information	California State Government & Department of Public Health	Information regarding COVID-19	(916) 558-1784	California State Government: https://www.covid19.ca.gov/ California Public Health Department: www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx
COVID-19 National Information	Center for Disease Control; World Health Organization	Information regarding COVID-19	800-232-4636 (CDC)	National: www.cdc.gov/coronavirus/2019-ncov/index.html International:

Virtual Assistance	Zoom	All K-12 schools can request a free basic account for online video communications with no time limits using their school's email address.		https://zoom.us/docs/en-us/covid19.html
Communication Assistance	Patient Provider Communication	Free communication tools for patients with COVID-19		www.patientprovidercommunication.org
Virtual Assistance Education Resources	Multiple	Multiple free, online resources to help students learn.	Varies	<p>Lil Libros worksheets www.instagram.com/p/B9rrKxiFGIB/</p> <p>PBS daytime programming www.pbssocal.org/pbs-news/at-home-learning/</p> <p>Math instructional program grades K-8 www.stmath.com/coronavirus?fbclid=IwAR2Z9kqIE7kBcVq7YdAEYuvWQEW2quTvZ6m9KS_zMeyeiT9wHYcwgpmRv0</p> <p>For kids of all ages https://classroommagazines.scholastic.com/support/learnathome.html</p> <p>First Five Tools: www.first5monterey.org/covid-19.htm</p> <p>Monterey County Public Libraries Resources: www.co.monterey.ca.us/Home/Components/News/News/6123/9661?backlist=%2fgovernment%2fdepartments-i-z%2flibrary</p>

