



# 2019

The nutrition programs are for low/no income households. By signing the form, you certify that your household income does not exceed the income guidelines.

Los programas de nutrición son para hogares de bajos ingresos. Al firmar la forma, certifica que su ingreso mensual no exceda la guía de EFAP.

C = Chualar - Chualar Elementary School, 24285 Lincoln Street - 12:00 - 1:00

GZL = Gonzales - St. Theodore's Catholic Church, 116 South Belden Street - 9:30 - 10:30

GR = Greenfield - American Legion Memorial Hall, 615 El Camino Real - 10:00 - 12:00

KC = King City - King City Fairgrounds, 625 Division Street - 10:00 - 11:30 (\*\*First Baptist Church, 450 King St)

SA = San Ardo - Our Lady of Ransom Church, Cattlemen & College Roads - 12:00 - 2:00

S = Soledad - Our Lady of Solitude Church, 235 Main Street - 10:00 - 12:00

January/Enero						
S	M	T	W	TH	F	S
		Holiday	2	3	4	5
6	7	S & GR	KC & SA	C & GZL		11 12
13	14		15	16	17	18 19
20	Holiday	22	23	24	25	26
27	28	29	30	31		

February/Febrero						
S	M	T	W	TH	F	S
					1	2
3	4	GR	6	7	8	9
10	11	S	KC & SA	C & GZL		15 16
17	Holiday	19	20	21	22	23
24	25	26	27	28		

March/Marzo						
S	M	T	W	TH	F	S
					1	2
3	4	GR	6	7	8	9
10	11	S	KC & SA	C & GZL		15 16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April/Abril						
S	M	T	W	TH	F	S
	1	GR	3	4	5	6
7	8	S	KC & SA	C & GZL	S 10-11:30	13
14	15	GR 10-11:30	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

May/Mayo						
S	M	T	W	TH	F	S
			1	2	3	4
5	6	GR	KC & SA	C & GZL	S 10-11:30	11
12	13	S	15	16	17	18
19	20	GR 10-11:30	22	23	24	25
26	Holiday	28	29	30	31	

June/Junio						
S	M	T	W	TH	F	S
						1
2	GR	4	5	6	7	8
9	10	S	KC & SA	C & GZL	S 10-11:30	15
16	17	GR 10-11:30	19	20	21	22
23	24	25	26	27	28	29
30						

July/Julio						
S	M	T	W	TH	F	S
	1	GR	3	Holiday	5	6
7	8	S	KC & SA	C & GZL	S 10-11:30	13
14	15	GR 10-11:30	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August/Agosto						
S	M	T	W	TH	F	S
				1	2	3
4	5	GR	7	C & GZL	S 10-11:30	10
11	12	S	KC & SA	15	16	17
18	19	GR 10-11:30	21	22	23	24
25	26	27	28	29	30	31

September/Septiembre						
S	M	T	W	TH	F	S
1	Holiday	GR	4	5	6	7
8	9	S	KC & SA	C & GZL	S 10-11:30	14
15	16	GR 10-11:30	18	19	2	21
22	23	24	25	26	27	28
29	30					

October/Octubre						
S	M	T	W	TH	F	S
		GR	2	3	4	5
6	7	S	KC & SA	C & GZL	S 10-11:30	12
13	14	GR 10-11:30	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November/Noviembre						
S	M	T	W	TH	F	S
					1	2
3	GR	5	6	7	8	9
10	Holiday	S	KC & SA	C & GZL		15 16
17	18	19	20	21	22	23
24	25	26	27	Holiday	Holiday	30

December/Diciembre						
S	M	T	W	TH	F	S
1	2	GR	4	5	6	7
8	9	S	KC & SA	C & GZL		13 14
15	16	17	18	19	20	21
22	23	24	Holiday	26	27	28
29	30	31				

For more information please contact the Food Bank for Monterey County (831) 758-1523, [www.foodbankformontereycounty.org](http://www.foodbankformontereycounty.org), or call 211

Para mas informacion por favor llame al Food Bank for Monterey County (831) 758-1523, [www.foodbankformontereycounty.org](http://www.foodbankformontereycounty.org), o llamar al 211